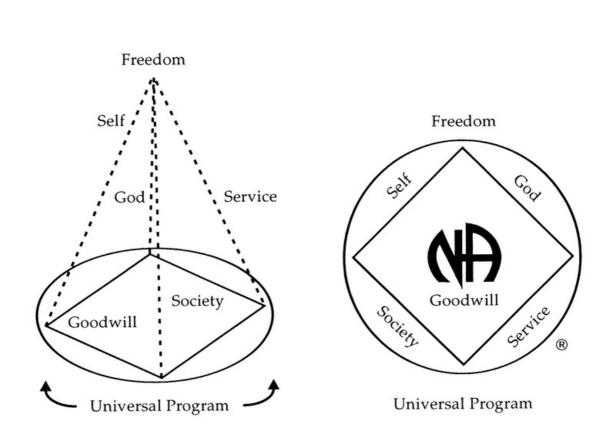


### Welcome

How do we attract the addict who still suffers to Recovery? Through spiritually guided unity of service. Our message is powerful; "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live." Our Newsletter's purpose is to spread this message by sharing our members' experience, strength, and hope. Our local service committees share that same purpose. We invite you to read through these pages, get inspired, and get involved.



#### WRITTEN FOR ADDICTS BY ADDICTS



### **Step of the Month: Step 2 Experience**

"We came to believe that a power greater than ourselves could restore us to sanity."

I want to preface this message with a lesson hard learned. A sane life is a life without voluntary insanity. Now, what did that look like for me? Well for starters, it was hard for me to acknowledge even the idea of being insane. This is coming from an addict now! Denial was a defect that had a hold over me for a long time before and after getting clean. The 2nd step explains the utility of having a high power to restore me to sanity, but how do I effectively apply it in my life?

For me, I had to gather evidence because, at the time, my higher power didn't exist yet. I went through my first attempt with a 2nd step godless. It was painful and ineffective. I couldn't let go of the idea that I was somehow under the control of something else.

After making the same mistake for an entire life you'd think I was able to say, "I've had enough," right? WRONG! As a gold star addict, I just had to be right. So, in the process, I was told by my sponsor to gather the evidence. "Go ask 20 recovering addicts how they came to believe in a power greater than self." For some, it was as simple as being a "Group Of Drug addicts". The other one, the one that confused me, was this loving and caring God. Continues on Page 3

### South Dade Area Of Narcotics Anonymous THE JOURNEY CONTINUES

I am glad to say I now have a working relationship with a higher power, but that relationship was hard won. It took a conversation with my grandmother. I hadn't seen her in 11 years, she was living in Panama and came to the states because of an incurable illness that required care by my mother. We sat and talked for a bit, and she informed me that she had never stopped praying for me, ever since I was 14 years old.

It was then that it dawned on me. Of all the close calls and shoulda, coulda, woulda scenarios, where my well being was on the verge of being sacrificed, I was spared. I have been in the care of God's grace since I was born, wow. That made my life make sense for once.

At that point, I made a conscious decision to start building a relationship with a God that was my own. N/A Literature never told me who or what I had to have as a higher power. I realized that this was my responsibility. Now let's tie this to the problem; "Why do I continue to make the same mistakes over and over again?"

For one, I refuted any type of suggestion that was coming from a good place because this concept was foreign to me. I couldn't pallet the "keep coming backs" and "your right where you need to be" because I was obsessing on a control factor that didn't exist. I sure as hell used to rely on myself as a higher power and it is what got me into my chair in Narcotics Anonymous. Continues on Page 4



So, I had to try something different. That something different came from open-mindedness to relinquish my pride and my self-centeredness. I heard the message, "my way isn't working" and "God's will is not my will." Having a belief led to needing to have faith. When the information I hear from different vessels is consistent and says to change my path, odds are God is saying something. It took a while to be able to see this effectively and even longer to accept it and allow it to work for me.

In doing so, I have had an immense change in lifestyle and avoided a lot of unnecessary suffering. Living in insanity came from a place in me that was not able to receive and see from a higher perspective. My higher power's perspective was something I couldn't see in the past because I was always in the way. Narcotics Anonymous helps me see the sanity in others first. Hearing other members' experiences helps reinforce the necessity of practicing the 2nd step in my own life.

I didn't get here, to NA, on my own. I was guided by an unconditional love that I was not open to in my active addiction. Prayer and connection to my higher power guide me now. I just needed help from NA and the Steps to see it.

#### by C. Addict (01/11/2018)

### South Dade Area Of Narcotics Anonymous

### **THE JOURNEY CONTINUES**

### **Tradition of the Month: Tradition 2**

"For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

The Second Tradition sets a clear distinction that in NA, our leaders do not govern. Everything we do is done with the backing of a group conscience. NA meetings choose someone to "lead" the meeting. But these folks are not leaders in the sense that they are calling the shots. They read from a meeting format that the group has agreed to use at that particular meeting. Decisions are made at business meetings that are held regularly before or after the regular recovery meeting using group conscience. So what do we mean by a group conscience?

This is what <u>It Works How and Why</u> has to say: "Group conscience reflects a collective awareness of, understanding of, and surrender to spiritual principles. The conscience of a group takes shape and is revealed when its members take the time to talk with each other about their personal needs, the needs of that group, and the needs of NA as a whole. Each member draws upon his or her relationship with a Higher Power when sharing with the group. As members listen carefully to each other and consult their personal understanding of a loving God, something happens: Solutions to problems become apparent, solutions that take into consideration the needs of everyone concerned." <sub>Continues on Page 6</sub>



It is important not to overlook the wording of this Tradition: "a loving God as He may express Himself..."

As a solution, groups and committees have adopted the consensus-based decision-making process that NA World Service has been using. There is one truth that helps guide us, true spiritual principles are never in conflict; they always complement each other. The true spiritual conscience of a group will never contradict any of our other spiritual principles. Whenever we are faced with a group decision, we first try to eliminate personalities, prejudices, and self-centeredness. Then we review our decisions to make sure they are not in violation of any of our Twelve Traditions. If they are, we take another look at our decision and try to resolve it.

"The Second Tradition is clear and freeing. It begins with the group, united by common purpose. But it immediately makes clear that neither the group nor its members are in charge. Tradition Two sets an ultimate authority above us all, freeing us from the need either to be an authority or to submit to someone else's control. Under the loving care of a Power greater than ourselves we are all equal, and we are each important to NA as a whole." From <u>GUIDING PRINCIPLES: The Spirit of Our Traditions</u>

#### by B. Addict (06/10/1981)

### South Dade Area Of Narcotics Anonymous

### **THE JOURNEY CONTINUES**

### **Concept of the Month: Concept 2**

"The final responsibility and authority for NA services rests with the NA groups."

Narcotics Anonymous home groups have formed a worldwide service structure, including local and regional structures. The primary purpose is to carry the message of NA to the addict who still suffers (Tradition 5). This NA service structure is guided, inspired, and informed by the Twelve Concepts for NA service.

The Twelve Concepts for NA Service explains the groups have final responsibility for and authority over the service structure they have created. The responsibility of the groups is to provide their service structure with the ideas of their members. The groups also exercise authority over decisions concerning money collected.

The service structure must always look to the groups for support and direction. The Second Concept reminds our trusted servants that they do not govern, but serve Narcotics Anonymous as a whole. Group conscience must be reflected in all that we do in service to NA. The Second Concept reminds the NA groups that they are responsible to provide guidance, ideas, money and hands-on help to the service structure and committees that have been entrusted to carry the message like the 24-hour room, H&I subcommittee, Activities subcommittee, NA conventions and world service etc.

The Second Concept reminds us that responsibility and authority start with individual addicts participating in their home groups, at business meetings, under the inspiration of a loving higher power for the benefit of addicts everywhere and for NA as a whole!

#### by C. Addict (08/06/1994)





### **Upcoming Events**



FOR A SPEAKER JAM! COME OUT AND FELLOWSHIP WITH US!!! DANCE TO FOLLOW THE MEETING. FOOD AVAILABLE AT COST. ALL SPEAKERS WILL BE RECORDED.

LOCATION: SERENITY BY THE SEA CLUBHOUSE 1000 POWERLINE ROAD SUITE #4 POMPANO BEACH, FL 33369

> CONTACT: RAE S - 786-859-9853 ART C- 954-692-4614 WWW.GOLDCOASTNA.ORG No at NOT APPLIATED WITH BRANDITY BY THE BRA

**SBACNA 2024** 

#### FUNDRAISER

3 ON 3 BASKETBALL TOURNAMENT & PICNIC

MUSIC & FOOD ALL DAY

### Saturday 3/2/24 11am-5pm

16 Teams 1 Winner \$500 1st Place

\$200 to register per team Free Shirts FREE spots available COOPER CITY SPORTS COMPLEX 10300 STIRLING RD Cooper City , Florida **TONY: 954-299-6853** 

Come out and root for your favorite team, bring the kids BRING A CHAIR \*NA is not affiliated with park





### **Upcoming Events**



WCNA 38 is a registration-required event. Registration badge is required to enter the convention center. All seats to the main meetings and events will be determined by the date of your registration. Your WCNA registration badge gives you admission to the main meetings, coffeehouse events, and dances. All other events require an additional ticket to attend.

#### WCNA 38 BEGINS THURSDAY MORNING, 29 AUGUST, AND ENDS BY APPROXIMATELY 2:00 PM ON SUNDAY, 1 SEPTEMBE

| Registration   |       | WEDNESDAY NIGHT   |                       |
|--|-------|---|-----------------------|
| Pre-registration ENDS 31 JULY 2024   | \$175 | Baseball Game   | \$50                  |
| Registration (ONLINE & ONSITE)   | \$185 | THURSDAY<br>Blues Brunch Vegetarian option is available   | \$90                  |
| Merchandise  |       | Assigned table for 10 at Blues Brunch   | \$900                 |
| herenanaree  |       | 0   | 0,000                 |
| Limited quantities and sizes will be available, so please order FRIDAY<br>early! All pre-registration merchandise will be for the current Comedy Show (potentially offensive material) \$55<br>theme, The Power of Love, with the exception of the retro T and<br>the pin set illustrating WCNA 15, Unified and Staying Alive, held in DAY   |       |   |                       |
| DC in 1985.  |       | Jazz Brunch Vegetarian option is available  | \$90                  |
| Special Coffee Mug \$20  |       | Assigned table for 10 at Jazz Brunch  | \$900                 |
| Limited edition, uniquely designed mug<br>celebrating The Power of Love  |       | SATURDAY NIGHT<br>Concert (TBD)   |                       |
| Embroidered T-Shirt  | \$25  | Absolutely no cancellations, exchanges, or refunds after<br>30 April for merchandise, or 1 June for registration and events.  |                       |
| Screen Printed T-Shirt   | \$20  |   |                       |
| Unisex Long Sleeved Retro T  | \$30  |   |                       |
| Reversible Bucket Hat  | \$20  | WCNA Hotels   |                       |
| Unisex Zip Up Hoodie   | \$40  | While we realize many people book rooms on their own, you<br>really help the convention when you book rooms in our room<br>block.<br>Rates may not be available after 25 July 2024. |                       |
| Boxed Retro Lapel Pin Set  | \$15  |   |                       |
| Convention Events(limited quantities available)  |       | Please help us plan the best WCNA 38 possible by booking  |                       |
| We are pre-assigning seats for all paid events in the convention center. All seats will be assigned by the date of pre-registration (rather than the date you purchase the tickets). <i>If you want to sit with friends, you will need to either purchase a table for the date of avertage and the purchase a table for the forther avertage and the purchase and the forther purchase and the purchase and the purchase at the forther purchase and the purchase at the forther purchase at the purchase at the</i> |       | your<br>A credit card guarantee is required for each room a<br>30 days before the event or at the time of cancellat<br>Apy recent of the card and the time of the recent            | nd is charged<br>ion. |

Any reservation cancelled at any time after the reservation is made will incur a cancellation fee of \$75.

Pre-registration and hotel reservations are only available online

the food events or purchase tickets on one registration. Otherwise, you will be seated with friends you just haven't

met vet!

If you have made hotel reservations or registered and need help, contact ConferenceDirect M–F, 9am–8pm Eastern Time. : +1/844.460.9824 US | +1/704.419.8426 international wcna@conferencedirect.com

Registration+1/844.572.7254 US | +1/801.316.3606 international wcna38regsupport@conferencedirect.com





### **Upcoming Events**







# **Upcoming Events**







### Local Annoucements



END OF THE ROAD GROUP OF NARCOTICS ANONYMOUS



Saturdays @ 10 pm

FIRST MEETING @ NEW LOCATION WILL BE ON MARCH 23, 2024



NEW LOCATION ADDRESS: 6600 SW 62 AVE



## How to Get Involved : Local Service Committee Meetings

### **Activities Subcommittee**

meets @ 7:15pm Every 1st & 3rd Thursday of the Month in the Library at South Miami Lutheran Church 7190 Sunset Dr, Miami, FL 33143

### Hospitals & Instituions (H&I) Subcommittee

meets @ 7:30pm Every 3rd Wednesday of the Month (This Month February 21) in the Library at South Miami Lutheran Church 7190 Sunset Dr, Miami, FL 33143

To be included in upcoming issues of this Newsletter: Please send any subcommittee meeting dates, times, and meeting locations to <u>newsletter@namiami.org</u>



# **Local Service Committees**

# SouthDade Area Newsletter

# Join us in doing service! Committee Meets @ 7pm Every Last Sunday of the Month

In the Library @ South Miami Lutheran Church 7190 Sunset Dr, Miami, FL 33143

> \*South Miami Lutheran Church not affiliiated with NA

# Contact us at Newsletter@namiami.org



# Happy Anniversary:

Robin S - 02/14/1999 Jimmy K - 02/02/1950 Jeff A - 02/16/1996 Bridgette C - 02/06/2020 Pam R - 02/09/2018 Nelson M - 2/4/2002 Frank H - 02/22/2007 Israel J - 02/23/2007 Vivian A - 02/24/2009 Jose A - 02/15/2021 Michael P - 02/11/2019 Jim W - 02/16/2018

The material for this Newsletter is created and edited by NA members for every NA member. The Twelve Traditions of NA were used to edit this newsletter. If you find improper misrepresentation of our traditions please contact the editor at <u>newsletter@namiami.org</u>