



THE JOURNEY CONTINUES NEWSLETTER

Welcome

How do we attract the addict who still suffers to the fellowship of NA? We offer our experience, strength, and hope. Our message is powerful; “That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.” Our Newsletter’s purpose is to spread this message. Our local service committees share that same purpose. We invite you to read through these pages, get inspired, and get involved.



WRITTEN FOR ADDICTS BY ADDICTS



THE JOURNEY CONTINUES NEWSLETTER

Step of the Month: Step 10 Experience

“We continued to take personal inventory, and when we were wrong promptly admitted it.”

I am an addict in Recovery. My process began on October 13, 1991. I remember asking my sponsor, “How soon do I have to start working steps?” Her response was, “How soon do you want to get better?” The work began at 90 days clean. And it is still a process that I continue to work every day.

Step 10 is an inventory of self. We continue to take a personal inventory and when we were wrong, promptly admitted it. I have found the courage to look at myself and to accept that I am not perfect. I practice being kind to others, however I still fall short at times. I am still learning to respond and not react to situations.

The Tenth Step tells me, “I have to keep my side of the street clean.” It is not about what anyone says or does, what matters is my behavior. This step is about honest self-appraisal, integrity and not allowing myself to slip back to old behaviors. I have learned that when I hurt someone, I hurt myself, and that does not sit well with me.

We have an ‘IP’ (information pamphlet) on the Tenth Step called “Living the Program.” Please get and use this piece of literature. It has helped me tremendously. This Tenth Step, my sponsor had me use “Living the Program” IP for 30 days. I really love that I am open minded and did it.

I continue to learn about myself and not causing harm is the goal. Today if I am wrong, I promptly admit it.

In Loving Service

By C. Addict 10/13/1991



THE JOURNEY CONTINUES

Tradition of the Month: Tradition 10

“Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.”

This tradition has been so important to my recovery and has become even more important as the years have passed. I personally hold very strong opinions about a variety of topics and issues including politics, religion, addiction treatment and more. In my day-to-day life I am free to share my thoughts and opinions with others. Tradition 10 protects our fellowship, because if NA took sides or had opinions on those, or other, outside issues, that would likely begin to erode our primary purpose, which is to carry the message to the addict who still suffers. If NA held an opinion about some issue that was different than mine, or that of a newcomer, my recovery, or, more importantly, the recovery of that newcomer, could be negatively impacted. It is vital that we do not drive newcomers away but make them feel comfortable and welcome.

Public positions might attract some people, but would almost certainly alienate others. Whichever side of an issue I believe is right, it is none of NA's business. Respecting this tradition is vital to the continued stability and growth of the fellowship. It is also important that recovering addicts not wear NA shirts at political or public events, as even that could be misconstrued by the press, or the public, as NA holding a position on an outside issue. Continues on Page 4



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I apply this tradition in my life by never sharing any opinion I hold about an outside issue in an NA meeting. Particularly at this moment, with political divisions in US society, and during election season, it is vital that I keep my political opinions to myself, and/or limit my sharing of them to social media, or in personal conversations with others. I recently called someone out during an NA meeting who made a fairly ugly comment about a particular political candidate. I am a strong proponent of the right to free speech, and I will always fiercely defend it, but just as I can't yell "fire" in a crowded theater, I can't share my opinions about outside issues in an NA meeting. I have also seen this come up on many occasions when recovering addicts share in meetings about treatment or religion. NA does not have an opinion on treatment and I did not get to NA through treatment. NA does not have an opinion on any particular religion. I am not religious, although I practice spirituality. NA has given me the freedom to find a higher power of my own understanding. When recovering people share personal opinions about treatment or religion, that might not sit well with others. The same goes with a variety of other outside issues. My recovery speaks when I care and share with others the NA way. **By P. Addict (06/06/1984)**



THE JOURNEY CONTINUES

Concept of the Month: Concept 10

“Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.”

Although NA is a spiritual fellowship, its members are human. We have strong opinions and attitudes, and the free expression of those attitudes is our responsibility and right during the course of contributing to the decision-making process. We learned the value of considering all viewpoints in the Ninth concept. When we have been the minority voice ourselves, however, and have challenged the status-quo with our ideas and input, sometimes our freedom imprisons us.

Occasionally we might become stereotyped and judged rather than listened to and understood. If we suffer hurt during the process, the Tenth Concept allows us a vehicle by which we might address our grievance without fear of reprisal.

A process for considering a Tenth Concept petition is an essential item for each service committee. Hearing such a petition is often a painful time during a committee’s life together. If a process has been developed and clearly defined in the committee’s guidelines or procedures, the anguish of hearing a fellow member’s grievance can be lessened, and mutual respect between all parties involved should be more easily attained.

As a guiding principle, the Tenth Concept is not designed to be used as a weapon against those who disagree with us. It is intended, rather, as a balance mechanism which can protect the integrity of our personal involvement in the delivery of Public Information services.

From: Twelve Concepts for Narcotics Anonymous Service – Overview



THE JOURNEY CONTINUES

A Grateful Addict will never use.

“As long as we maintain an attitude of thankfulness for being clean, we find it is easier to remain clean. The best way to express gratitude is by carrying the message of our experience, strength and hope to the still-suffering addict.” Basic Text pg. 86

- Having my daughter in my life.
- My sponsor Bonnie and her guidance. Also grateful for my workout sponsor Eric. My cardio sponsor Jason. My no sugar sponsor Jonny.
- To being able to hear the message
- To have love in all areas of my life
- For drafting the best fantasy team ever much better than Danny's and the Miami Dolphins 🐟

J. Addict 2/15/21

- South Dade narcotics anonymous recovery family! So grateful for total body recovery chat family!
- M. Addict 11-25-23

- The brotherhood my sponsorship family has evolved into
- The relationships I've been mending with my family, especially with my mom
- Another day above ground

B. Addict 04/01/2024

- Recovery. Without this nothing else on this list exists
- My family
- Fitness
- My business

M. Addict 05/08/1995

- Being clean and connected.
- Health, to appreciate and take advantage of all the other good things in life
- Driving and getting nothing but green lights

J. Addict 6-19-17

- Being able to choose the food I eat and drinkable water.
- The traumas and hardest situations in my life that created my path to recovery and salvation
- How graceful my body has been to me in recovery, regardless of how I treated it during active addiction

B. Addict 7/26/24



South Dade Area Of
Narcotics Anonymous

THE JOURNEY CONTINUES

Upcoming Events

The background of the poster is black with a gold glitter border at the top and bottom. It features a large, ornate gold crown in the center, surrounded by gold floral patterns and sparkling light effects.

North and South Dade Area of NA
H&I
GRATITUDE DINNER
MASQUERADE
Celebration
NOVEMBER 15, 2024
RENAISSANCE BALLROOM
5910 SW 8TH ST. MIAMI, FL 33144
**NOT AFFILIATED WITH NA*

CONTACT: ANGEL 954-817-6852
GREG 703-679-0003

Tickets \$50
DRESS CODE: GLAM

A smaller version of the NA logo is located in the bottom right corner of the poster.

7PM-11PM



South Dade Area Of
Narcotics Anonymous

THE JOURNEY CONTINUES

Upcoming Events

NORTH DADE 24-HOUR ROOM FUNDRAISER

SPONSOR/SPONSEE BREAKFAST

Enjoy a delightful spread of delectable dishes and warm beverages in our special breakfast

Your Breakfast Set Includes:

- Salmon or Sausage or Bacon
- Eggs
- Grits
- Country Potatoes
- Toast
- Orange/Apple Juice
- Coffee

**Saturday, Oct 26th, 2024
10am-2pm**

Deadline for Tickets, Oct 5th, 2024!!!

ONLY \$15.00 PER SERVING



FULFORD UNITED METHODIST CHURCH **CONTACT:** JIMMIE B. (786) 523-4077
 DENISE M. (786) 488-5366
 JOANN H. (786) 412-2153
 CHERYL W. (786) 357-0901
 BERNADETTE H. (786) 290-3227

1900 NE 164TH ST
NORTH MIAMI, FL 33162

• NA is not affiliated with Fulford Church

GCCNA XXXIII 

ENTERTAINMENT & FUNDRAISING COMMITTEE

PRESENTS

COMEDY FUNDRAISING EVENT FOR THE GCCNA 33 CONVENTION MEMORIAL DAY WEEKEND 2025

OCTOBER 20TH

DOORS OPEN AT 6:00 PM
SPEAKER IS AT 7:00 PM
COMEDIAN OPENS AT 8:00 PM

RAFFLE /GREAT PRIZES

COME LAUGH WITH US, FELLOWSHIP & HAVE FUN

\$15 **\$20 AT THE DOOR**



SCAN TO REGISTER GCCNA 33

CONTACT & TICKET INFO:
SHANNON F. (754)281-1807
RHONDA C. (786)562-5265
gccna.org

Boca Black Box Center for the Arts: 8221 Glades Rd Suite #10, Boca Raton, FL 33434

To be included in upcoming issues of this Newsletter:
Please send any subcommittee meeting dates, times, and meeting locations to newsletter@namiami.org



South Dade Area Of
Narcotics Anonymous

THE JOURNEY CONTINUES

Local Announcements

¿TINENES PROBLEMAS CON LAS DROGAS?



Narcotics Anonymous.
Narcóticos Anónimos

NOSOTROS PODEMOS AYUDARTE!

¡LIBRE, GRATUITO Y CONFIDENCIAL!

(305) 265-9955

**GRUPOS DEL ÁREA DE HABLA HISPANA
DEL SUR DE LA FLORIDA**

EL VIAJE CONTINUA

DOMINGO 7:00 PM - 8:00 PM
4425 HOLLYWOOD BLVD
HOLLYWOOD FL 33022

RENACIMIENTO

VIERNES 7:30 PM - 8:30 PM
7190 SUNSET DRIVE
MIAMI 33413

SOMOS UN MILAGRO

DOMINGO 5:00 PM - 6:00 PM
MARTES 7:00 PM - 8:00 PM
MIÉRCOLES REUNIÓN
VIRTUAL 7:00 PM - 8:00 PM
ZOOM ID:7317740756
VIERNES 7:00 PM - 8:00 PM
SABADO 7:00 PM - 8:00 PM
38 CURTIS PARKWAY
MIAMI SPRINGS 33166

SABADO GIGANTE

SÁBADOS 8:30 PM - 9:30 PM
7190 SUNSET DRIVE
MIAMI 33143

CONECTADOS

MIÉRCOLES 8:15 PM - 9:15 PM
6600 SW 62ND AVE.
SOUTH MIAMI, FL 33143

POCO A POCO

LUNES 7:45 PM - 8:45 PM
JUEVES 7:45 PM - 8:45 PM
7190 SUNSET DRIVE
MIAMI 33413



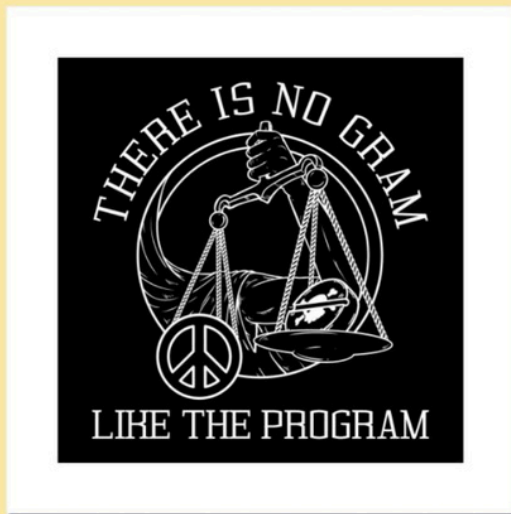
www.na.org

www.ahhfina.com

THE JOURNEY CONTINUES

Local Announcements

ATTENTION SOUTH DADE NA: END OF THE ROAD WILL BE CHANGING OUR TIME TO 9 PM ON SATURDAY'S ON OCTOBER 19TH (STILL AT THE UNITY ROOM)



THE UNITY ROOM IS NOT AFFILIATED WITH NA



NEW MEETING

T.G.I.F

Thank God It's Friday

WHERE: ST. PAUL LUTHERAN CHURCH
TIKI HUT
10700 SW 56 ST.
Miami, Fl. 33165

DAY: EVERY FRIDAY NIGHT FROM
TIME: 8:00PM-9:00PM

WE ARE IN NEED OF TRUSTED SERVANTS AND SUPPORT PLEASE COME AND JOIN US.

THIS GROUP OF NARCOTICS ANONYMOUS IS NOT AFFILIATED WITH THE CHURCH

Serenity 4 Women



Every third Monday of the month we are having a potluck after our 8 p.m. meeting. Please join us as we fellowship and unite as woman in the program together and have yummy food!

Location: 7190 Sunset Dr
Time: 9:00 p.m.

**LOCATION NOT AFFILIATED W NA

UNIDAS IN RECOVERY

Women Bilingual Meeting
March 20th, 2024
Wednesday at 7:00 PM
6600 S.W. 62nd Avenue
Miami, Florida 33143



South Dade Area Of
Narcotics Anonymous

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Get Involved

The 24 hour room subcommittee invites you to join us on the 1st and 3rd Wednesday of the month at 7 pm at the Unity Room.



NOTE 🗳️: SEPTEMBER 4th WE WILL BE DOING NOMINATIONS, VOTING AND DECIDING ON THEME.

If you can't attend the business meeting and have an idea for a theme please text it to (786)972-2228.

The Unity Room is not affiliated with NA

Please send any subcommittee meeting flyers to newsletter@namiami.org to be included in upcoming newsletter issues



South Dade Area Of
Narcotics Anonymous

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Get Involved :
Local Service Committee Meetings



**ANNUAL
H&I
EVENT
HELP**

**SOUTH DADE
AREA**

H&I



Needs Volunteers and Speakers

**We Meet The Third
Wednesday of Every Month at
7:30pm in The Library.**



**South Miami
Lutheran Church
7190 SW 72nd St
Miami, FL 33143**

For More Information, Contact:

ANGEL C #954-817-6852

TONY L #786-879-3347

***NA Is Not Affiliated With This Location**

To be included in upcoming issues of this Newsletter: Please send any subcommittee meeting dates, times, and meeting locations to newsletter@namiami.org



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Get Involved : Local Service Committee Meetings

Public Relations Subcommittee

meets @ 7pm

The last Sunday of every Month
in the Library at South Miami Lutheran
Church 7190 Sunset Dr, Miami, FL 33143

Activities Subcommittee

meets @ 7:15pm

Every 1st & 3rd Thursday of the Month
in the Library at South Miami Lutheran
Church 7190 Sunset Dr, Miami, FL 33143



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**How to Get Involved :
Local Service Committees Meetings
SouthDade Area Newsletter**

**Join us in doing service!
Committee Meets @ 7pm
Every Last Sunday of the Month**

In the Library @
South Miami Lutheran Church
7190 Sunset Dr, Miami, FL 33143

*South Miami
Lutheran Church not
affiliated with NA

Contact us at Newsletter@namiami.org



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Happy Anniversary:

Joseph G - 10/01/2019

Ryan S - 10/01/2023

Marla 10/01/2018

Mike D - 10/10/1985

Carmen - 10/13/1991

Eric M - 10/18/2023

Diane - 10/23/1985

Ivette T - 10/30/2013



The material for this Newsletter is created and edited by NA members for every NA member. The Twelve Traditions of NA were used to edit this newsletter. If you find improper misrepresentation of our traditions please contact the editor at newsletter@namiami.org