
THE JOURNEY CONTINUES NEWSLETTER

Welcome

How do we attract the addict who still suffers to the fellowship of NA? We offer our experience, strength, and hope. Our message is powerful; “That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.” Our Newsletter’s purpose is to spread this message. Our local service committees share that same purpose. We invite you to read through these pages, get inspired, and get involved.



By M. Addict 01/15/2007

WRITTEN FOR ADDICTS BY ADDICTS

THE JOURNEY CONTINUES NEWSLETTER

Step of the Month: Step 12 Experience

“Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.”

Through my experience in working these steps with my sponsor, I have always been told to keep it simple and to focus on the spiritual principle / principles behind each step. The main principle behind Step 12 is service. Service has been a fundamental and crucial part of my foundation in long term recovery and still is to this day.

The 12th step to me is considered an “action” step, meaning this is an ongoing act on my part to continue to carry the message by the way I live my life today. During my first 7 years of recovery I was a part of H&I service (Hospitals and Institutions) and I would bring NA meetings into treatment centers. I loved doing this type of service and was honored to be a part of so many addicts' early journeys. The fulfillment I would get when an addict would come up to me at a meeting or a convention and say, “Hey you remember me? You brought meetings into such and such treatment center. Well I'm still clean today and I remember your service.” That feeling is simply a source from a higher power that can't be matched. Continues on Page 3



THE JOURNEY CONTINUES NEWSLETTER

As my life grew in recovery and my second child was born in 2018, I began to slowly step down from H&I and focus on being a parent. Through this difficult decision I learned 2 very important things. 1) is that my recovery will change over the years and that's okay, right now it's time to be of service to my family and my children. 2) doing service at my local Homegroup and simply being a member with any service position will still carry the message to the addict walking in. Seeing the same members week after week living and staying clean is a powerful message.

Today I hold 2 service positions, one at each of my home groups. I am the treasurer for one meeting, and co chair at the other. I choose to be involved because my foundation is built on keeping it simple and being involved in my recovery.

Spiritual awakening? Too many to count... But as shown in my story I guess you can say my spirit has been awake, alive, and well. This has been one heck of a journey and as they say "A life beyond my wildest dreams" is possible, I am grateful to be living in that reality. Not a single addict has ever walked into the rooms of NA knowing the fullness that occurs through working the 12 steps.

By N. Addict 08/08/2010



THE JOURNEY CONTINUES

Tradition of the Month: Tradition 12

"Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities."

My experience with the 12th Tradition of NA has been a constant reminder of the importance of anonymity and humility in my recovery. When I first entered the program, I was filled with fear and shame. The idea of opening up about my addiction was terrifying, but the tradition of anonymity allowed me to share my story in a safe and judgment-free space. I didn't have to worry about my personal identity being exposed, and that gave me the freedom to be honest about my struggles without the fear of being judged or labeled.

As I got further into the program, I began to appreciate the deeper meaning behind the tradition. It wasn't just about keeping my identity a secret; it was about putting principles over personalities. There were times when I felt like my ego wanted to take over—maybe I wanted to share something to get attention or recognition. The tradition reminded me that it wasn't about me; it was about the message of recovery and the collective strength of the group.

The 12th Tradition helped me realize that staying anonymous isn't just about protecting my privacy—it's about maintaining the focus on recovery and helping others. If I were to place myself at the center of attention, I might inadvertently distract others from their own healing journey. Anonymity, then, becomes a tool for unity. It keeps the focus on the program and the shared experience, and it keeps me grounded in humility.

Continues on Page 5



THE JOURNEY CONTINUES

Over time, I've come to realize that my personal identity is less important than the work I'm doing to stay clean, and that the fellowship itself is stronger when we focus on the principles that unite us. The 12th Tradition, in all its simplicity, has become a constant guiding force for me, reminding me that the recovery process isn't about individual glory—it's about mutual support and maintaining the integrity of the program.

For many, experiencing the 12th Tradition is about learning the value of keeping the program free from outside influences and distractions. By adhering to this principle, they may feel a deeper sense of unity, safety, and a shared purpose in their recovery journey. It can also serve as a spiritual reminder to continually place the collective needs of the group above individual desires for recognition or personal accolades.

By J. Addict 01/29/1986

Concept of the Month: Concept 12

“In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.”

“Within the context of the Twelve Concepts, as a body, this concept serves much the same function as Tradition Twelve does in the context of the other traditions. The Twelfth Concept brings our consideration of concepts for NA service back to the spiritual root of selfless service. A structure based on that foundation could only be one of service, never of government.”

From: Twelve Concepts for Narcotics Anonymous Service – Overview



South Dade Area Of
Narcotics Anonymous

THE JOURNEY CONTINUES

Upcoming Events

South Dade Area of NA 24 Hour Room
& Activities Subcommittee Present:

OUR COMMON WELFARE FIRST:

SHIRTS FOR SALE
LONG & SHORT SLEEVE
\$20
SPECIAL ORDER
HOODIES, TANK TOPS, MUGS

FUN
for
FUNDS

DEC 15, 2024 - 11 AM TO 4 PM
MEETING TIME: 12 PM

A.D. Barnes Park
3401 SW 72ND AVE MIAMI, FL 33155 SHELTER #4
SUGGESTED DONATION: \$10

FOOD, FUN, FUNDRAISING

HOLIDAY ORNAMENT DECORATION STATION
\$1

NA is not affiliated with AD Barnes Park



South Dade Area Of
Narcotics Anonymous

THE JOURNEY CONTINUES

Local Announcements

¿TINENES PROBLEMAS CON LAS DROGAS?



Narcotics Anonymous
Narcóticos Anónimos

NOSOTROS PODEMOS AYUDARTE!

¡LIBRE, GRATUITO Y CONFIDENCIAL!

(305) 265-9955

**GRUPOS DEL ÁREA DE HABLA HISPANA
DEL SUR DE LA FLORIDA**

EL VIAJE CONTINUA

DOMINGO 7:00 PM - 8:00 PM
4425 HOLLYWOOD BLVD
HOLLYWOOD FL 33022

RENACIMIENTO

VIERNES 7:30 PM - 8:30 PM
7190 SUNSET DRIVE
MIAMI 33413

SOMOS UN MILAGRO

DOMINGO 5:00 PM - 6:00 PM
MARTES 7:00 PM - 8:00 PM
MIÉRCOLES REUNIÓN
VIRTUAL 7:00 PM - 8:00 PM
ZOOM ID:7317740756
VIERNES 7:00 PM - 8:00 PM
SABADO 7:00 PM - 8:00 PM
38 CURTIS PARKWAY
MIAMI SPRINGS 33166

SABADO GIGANTE

SÁBADOS 8:30 PM - 9:30 PM
7190 SUNSET DRIVE
MIAMI 33143

CONECTADOS

MIÉRCOLES 8:15 PM - 9:15 PM
6600 SW 62ND AVE.
SOUTH MIAMI, FL 33143

POCO A POCO

LUNES 7:45 PM - 8:45 PM
JUEVES 7:45 PM - 8:45 PM
7190 SUNSET DRIVE
MIAMI 33413



www.na.org

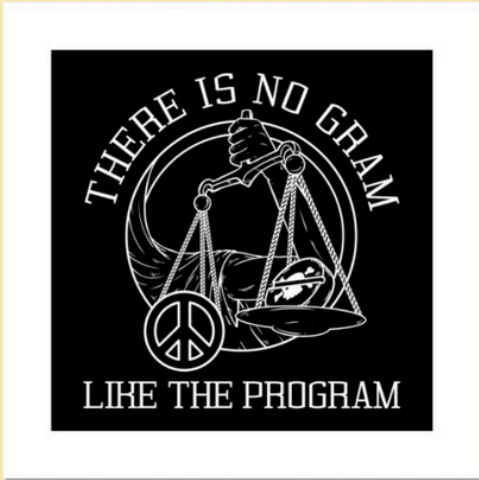
www.ahhfina.com



THE JOURNEY CONTINUES

Local Announcements

ATTENTION SOUTH DADE NA: END OF THE ROAD WILL BE CHANGING OUR TIME TO 9 PM ON SATURDAY'S ON OCTOBER 19TH (STILL AT THE UNITY ROOM)



THE UNITY ROOM IS NOT AFFILIATED WITH NA



NEW MEETING

T.G.I.F

Thank God It's Friday

WHERE: ST. PAUL LUTHERAN CHURCH
TIKI HUT
10700 SW 56 ST.
Miami, Fl. 33165

DAY: EVERY FRIDAY NIGHT FROM
TIME: 8:00PM-9:00PM

WE ARE IN NEED OF TRUSTED SERVANTS AND SUPPORT PLEASE COME AND JOIN US.

THIS GROUP OF NARCOTICS ANONYMOUS IS NOT AFFILIATED WITH THE CHURCH

**UNIDAS
IN
RECOVERY**

Women Bilingual Meeting
March 20th, 2024
Wednesday at 7:00 PM
6600 S.W. 62nd Avenue
Miami, Florida 33143

**Serenity 4
Women**

Every third Monday of the month we are having a potluck after our 8 p.m. meeting. Please join us as we fellowship and unite as woman in the program together and have yummy food!

Location: 7190 Sunset Dr
Time: 9:00 p.m.

**LOCATION NOT AFFILIATED W NA



South Dade Area Of
Narcotics Anonymous

THE JOURNEY CONTINUES

Local Announcements

ONE IS TOO MANY

A new Narcotics Anonymous
Meeting in South Dade

When: Saturdays at 3pm

Where: South Miami Lutheran Church-small room

7190 Sunset Drive

Miami, FL 33173

Start Date: December 7th

Format: Speaker Meeting
Experience, Strength, Hope

All are WELCOME !!!



THE JOURNEY CONTINUES

Get Involved

The 24 hour room subcommittee invites you to join us on the 1st and 3rd Wednesday of the month at 7 pm at the Unity Room.



NOTE 🗳️: SEPTEMBER 4th WE WILL BE DOING NOMINATIONS, VOTING AND DECIDING ON THEME.

If you can't attend the business meeting and have an idea for a theme please text it to (786)972-2228.

The Unity Room is not affiliated with NA

Please send any subcommittee meeting flyers to newsletter@namiami.org to be included in upcoming newsletter issues



THE JOURNEY CONTINUES

**Get Involved :
Local Service Committee Meetings**



**SOUTH DADE
AREA**

**ANNUAL
H&I
EVENT
HELP**

H&I



Needs Volunteers and Speakers

**We Meet The Third
Wednesday of Every Month at
7:30pm in The Library.**



**South Miami
Lutheran Church
7190 SW 72nd St
Miami, FL 33143**

For More Information, Contact:

ANGEL C #954-817-6852

TONY L #786-879-3347

*NA Is Not Affiliated With This Location

To be included in upcoming issues of this Newsletter: Please send any subcommittee meeting dates, times, and meeting locations to newsletter@namiami.org



THE JOURNEY CONTINUES

Get Involved :
Local Service Committee Meetings

Public Relations Subcommittee

meets @ 6:45pm

The last Sunday of every Month
in the Library at South Miami Lutheran
Church 7190 Sunset Dr, Miami, FL 33143

Activities Subcommittee

meets @ 7:15pm

Every 1st & 3rd Thursday of the Month
in the Library at South Miami Lutheran
Church 7190 Sunset Dr, Miami, FL 33143



South Dade Area Of
Narcotics Anonymous

THE JOURNEY CONTINUES

**How to Get Involved :
Local Service Committees Meetings
SouthDade Area Newsletter**

**Join us in doing service!
Committee Meets @ 7pm
Every Last Sunday of the Month**

In the Library @
South Miami Lutheran Church
7190 Sunset Dr, Miami, FL 33143

*South Miami
Lutheran Church not
affiliated with NA

Contact us at Newsletter@namiami.org



THE JOURNEY CONTINUES

Happy Anniversary:

Ryan C - 12/01/2020

Lourdes S - 12/02/2012

Rolando - 12/03/2019

Glen W - 12/06/2022

Gina J - 12/11/2011

Elizabeth G - 12/22/2004

Becky - 12/25/1992

Francisco C - 12/30/2019



The material for this Newsletter is created and edited by NA members for every NA member. The Twelve Traditions of NA were used to edit this newsletter. If you find improper misrepresentation of our traditions please contact the editor at newsletter@namiami.org