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# THE JOURNEY CONTINUES NEWSLETTER

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## Welcome

How do we attract the addict who still suffers to the fellowship of NA? We offer our experience, strength, and hope. Our message is powerful; “That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.” Our Newsletter’s purpose is to spread this message. Our local service committees share that same purpose. We invite you to read through these pages, get inspired, and get involved.

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The material for this Newsletter is created and edited by NA members for every NA member. The Twelve Traditions of NA were used to edit this newsletter. If you find improper misrepresentation of our traditions please contact the editor at [newsletter@namiami.org](mailto:newsletter@namiami.org)





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## **THE JOURNEY CONTINUES NEWSLETTER**

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### **Step of the Month: Step 3 Experience**

“We made a decision to turn our will and our lives over to the care of God as we understood Him.”

I walked into the rooms of Narcotics Anonymous at 40 years of age. By that time, I had not only destroyed my own life, but the lives of my family and closest friends as well. My way of thinking and navigating through life had brought me nothing but pain and heartache. As a husband, and a father of five children, I had failed to accept that my addiction was spinning out of control until it was too late. I thought that I could handle it, and that I would eventually figure everything out. At one point I found myself sitting inside an Ohio state rehabilitation hospital on behavioral watch for attempted suicide. A few months later, I had my driver license suspended once again with a child endangerment charge on my own children. My life was spinning out of control, and I saw no way out. I could not stop using no matter how hard I tried, and no matter what the consequences were. I saw no way out but death, and that is exactly where my addiction had taken me.

My first introduction to Narcotics Anonymous was through H&I meetings and court ordered meetings. I had no idea how it worked or what to expect. I just knew that I was finally ready to try anything that anyone suggested to stop using and live a better life. I followed all of the suggestions that were given to me by other addicts in the meetings. I found a sponsor, got a homegroup, did service, attended meetings, got phone numbers, and completed step work with my sponsor. I attended meetings almost every day for at least a year straight, sometimes even two or three. I went to every social gathering and event that I heard about as well. For the first time in my life, I was not only staying clean, but I was becoming a contributing member of society. Continues on Page 3

**WRITTEN FOR ADDICTS BY ADDICTS**

## **THE JOURNEY CONTINUES NEWSLETTER**

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I slowly began to believe in myself and even love myself again, only through the love and guidance of others in the program.

When I finally got to step three with my first sponsor, I was completely ready and willing to live life on life's terms without using drugs. I had already gotten comfortable with my sponsor on step one and two, and a strong bond of respect and trust had developed between us. I believed in Narcotics Anonymous, and I also believed in the things that my sponsor had to say. My understanding of "being willing" to turn my life over to the care of God was quite clear. I was absolutely willing. The term "God" was not hard for me to understand. I already had a God of my understanding, I had simply turned my back on Him and took my own will back, trying to control all aspects of life with my mind and my own false sense of control. What I came to understand during step three was that I have no control over anything except my own thoughts, words, and actions.

What knowing this, and fully believing this actually meant for me was that anything and everything could happen around me at any time and I was only in control of my responses to those situations. My perception of control had completely changed. That meant that I now had to believe that something beyond me, and something greater than me, could have an effect on my life. My ability of control, in that moment, shrunk down to simply only me. The rest of my worries, doubts, fears, and concerns could all be placed on my higher power and on the God of my understanding. This freed me from the burden of trying to control the entire world around me, as well as, from my own emotional feelings of failure for not being able to do it in the first place. From that day on I realized that "running on the hamster wheel" was now a choice. I only had to focus on myself and just simply believe and trust the process of the world around me. Continues on Page 4



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Today, thanks to Narcotics Anonymous, as long as I do everything that I can to the best of my ability and with my best intentions at heart, then I am free from the responsibility of how things turn out. My only responsibility after that would be how I react. The power of believing in and working on this step has completely changed my life as I know it today.

**By M. Addict 08/26/2019**

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### **Tradition of the Month: Tradition 3**

“The only requirement for membership is a desire to stop using.”

This tradition establishes that NA is open to anyone who wants to address their addiction problem, regardless of background, beliefs, or circumstances. Unlike many organizations that might impose strict rules or prerequisites for membership, NA intentionally keeps its doors wide open, emphasizing inclusivity and simplicity. This tradition ensures that the focus remains on the shared goal of staying clean (just for today!) rather than on external qualifications or differences among members.

Historically, this tradition emerged from early debates about whether to limit membership (example, to exclude certain professions or require specific commitments), but the founders chose inclusivity to ensure the program’s survival and broad reach. In the past, this tradition used to be stated as, “The only requirement for membership is the honest desire to stop using,” but the word honest has been dropped out as it is subjective, and we don’t assign or tell someone if they have the honest desire or not, this is up to the individual and all are welcome. Continues on Page 5



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The importance of the Third Tradition lies in its role as a cornerstone of NA's accessibility and effectiveness. By requiring only a desire to stop using, it removes barriers that could discourage people from seeking help—whether those barriers are financial, social, religious, or otherwise. This openness fosters a sense of unity and equality within the group, reinforcing the idea that everyone struggling with addiction has a place in NA. It also protects the organization from becoming exclusionary, which could undermine its primary purpose of helping individuals achieve and maintain living clean.

To help uphold the Third Tradition, individuals can actively welcome newcomers without judgment and encourage an atmosphere of acceptance in meetings. This might involve sharing personal experiences to show that anyone with a desire to stop using, or simply listening to others without imposing conditions on their participation. Members can also advocate for the tradition by gently correcting any tendencies within a group to exclude or criticize those who don't fit a certain mold.

On a practical level, supporting outreach efforts—like making meetings available in diverse communities or online—helps ensure that anyone with that desire can find NA. The principle behind the Third Tradition is unity, and it was created to safeguard NA's mission by preventing division and elitism, reflecting the founders' realization that clean living thrives in a fellowship where all are equal in their pursuit of recovery. **By K. Addict 12/02/2020**

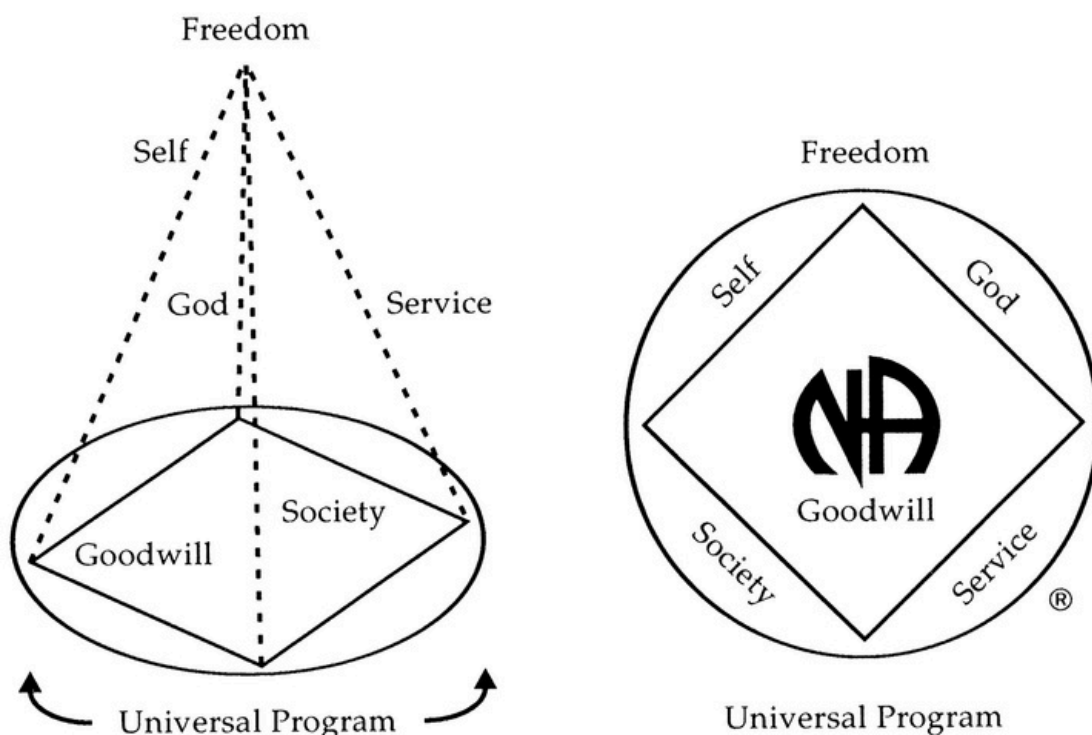
**THE JOURNEY CONTINUES NEWSLETTER**

**Concept of the Month: Concept 3**

“The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.”

“In day-to-day matters, the groups have given our service boards and committees the practical authority necessary to do the jobs assigned them. This is not a blank check issued to the service structure; the group's final responsibility and authority, spoken of in the Second Concept, still apply. To make Concept Three work, we must carefully select trusted servants.”

**From: Twelve Concepts for Narcotics Anonymous Service – Overview**





**THE JOURNEY CONTINUES NEWSLETTER**

**Upcoming Events**



**Come As You Are Miami**

**Speaker Jam**

Saturday, March 22nd, 2025  
10am-10pm

**SPEAKERS ON THE HOUR, EVERY HOUR!!**

FOOD, FOOD, FOOD @ cost!!!

- Turkey Dinner.....\$14
- Fish Dinner.....\$14
- Meatloaf Dinner...\$14
- Fish & Fries.....\$12
- Chicken & Fries.....\$12

Fulford United Methodist Church  
1900 NE 164th St, North Miami Beach, FL 33162  
\*NA is not affiliated with this church.

**CONTACT**  
Lamar (786) 451-0774



**PR PRESENTS**

**POSTER DAY**

Saturday, March 15  
9:30 AM

**SOUTH MIAMI LUTHERAN**  
7190 Sunset Drive, Miami



South Dade Area Of  
**Narcotics Anonymous**

# THE JOURNEY CONTINUES NEWSLETTER

## Upcoming Events

**NOONTIME RECOVERY'S  
23rd ANNIVERSARY  
PICNIC IN THE PARK!!**

Saturday, March 22, 2025  
11am - 5pm  
MARKHAM PARK  
CORPORATE PAVILLION  
16001 W. State Rd. 84  
Sunrise, FL. 33326

**Free!!**

**FOOD ✨ FUN ✨ FELLOWSHIP**

Speakers start @ 2pm  
followed by main speaker

MORE INFO:  
Danny V: 954.294.0400  
Joe D: 203.219.9095





# THE JOURNEY CONTINUES NEWSLETTER

## New Meetings

### ONE IS TOO MANY

A new Narcotics Anonymous Meeting in South Dade

**When:** Saturdays at 3pm

**Where:** South Miami Lutheran Church-small room  
7190 Sunset Drive  
Miami, FL 33173

**Start Date:** December 7<sup>th</sup>

Format: Speaker Meeting  
Experience, Strength, Hope

**All are WELCOME !!!**

## YOU ARE NOT ALONE

Starting: February 25, 2025

DATE AND TIME: TUESDAYS AT 4 PM

Location: Unity Room 6600 SW 62nd Ave, South Miami, FL, 33143

- The Unity room is NOT AFFILIATED WITH NA

It is possible to find freedom from active addiction in NA and to be taking medication prescribed by an informed healthcare professional for a mental illness.

In Times of Illness, "Mental Health Issues"



We do not diagnose anyone's condition or track the progress of our patients—in fact, we have no patients, only members.

Our groups do not provide professional therapeutic, medical, legal, or psychiatric services.

We are simply a fellowship of recovering addicts who meet regularly to help each other stay clean.

It Works: How and Why, "Tradition Eight

In the Narcotics Anonymous program, every addict with a desire to stop using can be a member, and no member of NA need ever recover alone. Recovery is our common bond

*"Anyone who reaches out for help is entitled to our compassion, our attention, and our unconditional acceptance. Any addict, regardless of clean time, should be able to pour out his or her pain in an atmosphere free of judgment."*

IT WORKS: HOW AND WHY



South Dade Area Of  
**Narcotics Anonymous**

# THE JOURNEY CONTINUES NEWSLETTER

## Local Announcements

¿TINENES PROBLEMAS CON LAS DROGAS?



**Narcotics Anonymous.**  
**Narcóticos Anónimos**

**NOSOTROS PODEMOS AYUDARTE!**

¡LIBRE, GRATUITO Y CONFIDENCIAL!

**(305) 265-9955**

### GRUPOS DEL ÁREA DE HABLA HISPANA DEL SUR DE LA FLORIDA

**EL VIAJE CONTINUA**

DOMINGO 7:00 PM - 8:00 PM  
4425 HOLLYWOOD BLVD  
HOLLYWOOD FL 33022

**SOMOS UN MILAGRO**

DOMINGO 5:00 PM - 6:00 PM  
MARTES 7:00 PM - 8:00 PM  
MIÉRCOLES REUNIÓN  
VIRTUAL 7:00 PM - 8:00 PM  
ZOOM ID:7317740756  
VIERNES 7:00 PM - 8:00 PM  
SABADO 7:00 PM - 8:00 PM  
38 CURTIS PARKWAY  
MIAMI SPRINGS 33166

**POCO A POCO**

LUNES 7:45 PM - 8:45 PM  
JUEVES 7:45 PM - 8:45 PM  
7190 SUNSET DRIVE  
MIAMI 33413

**RENACIMIENTO**

VIERNES 7:30 PM - 8:30 PM  
7190 SUNSET DRIVE  
MIAMI 33413

**SABADO GIGANTE**

SÁBADOS 8:30 PM - 9:30 PM  
7190 SUNSET DRIVE  
MIAMI 33143

**CONECTADOS**

MIÉRCOLES 8:15 PM - 9:15 PM  
6600 SW 62ND AVE.  
SOUTH MIAMI, FL 33143

CODIGO  
QR



[www.na.org](http://www.na.org)

[www.ahhfina.com](http://www.ahhfina.com)

COMITE DE CONVENCIONES DEL AREA HISPANA  
DEL SUR DE LA FLORIDA DE NA

**CONVENCION XVI | 2025**

**JUNE 27 | 28 | 29**



**WE ARE LOOKING FOR SPEAKERS**

MAIN SPEAKERS WITH 5 YEARS OR MORE OF CLEAN TIME.  
SEND US A RECORDING MESSAGE OR VOICE NOTE  
OF YOUR STORY VIA WHATSAPP OR EMAIL

PROGRAMATION | MARISOL +1(786)393-8393  
EMAIL ADDRESS: Marisolt463@gmail.com

**CONTACTS:**

REGISTRATION  
MILDRED | +1(305) 563-6011

MERCHANDISE  
DOUGLAS | +1(786) 278-1049

HOSPITALITY  
PAOLA | +1(954) 842-1217

ACTIVITIES  
WILFREDO | +1(954) 955-9165



QR CODE FOR  
HOTEL RESERVATIONS



19201 Collins Av, Sunny Isles Beach, Florida 33160

NA NARCOTICS ANONYMOUS IS NOT AFFILIATED WITH THIS FACILITY



South Dade Area Of  
**Narcotics Anonymous**

# THE JOURNEY CONTINUES NEWSLETTER

## Local Announcements

**UNIDAS  
IN  
RECOVERY**

Women Bilingual Meeting  
March 20<sup>th</sup>, 2024  
Wednesday at 7:00 PM  
6600 S.W. 62<sup>nd</sup> Avenue  
Miami, Florida 33143

The graphic features a teal circular background with the text 'UNIDAS IN RECOVERY' in large, bold, black letters. Below this, the meeting details are listed in a smaller, black font. The background of the entire graphic is a collage of fresh vegetables like tomatoes, onions, and peppers.

### Serenity 4 Women

Every third Monday of the month we are having a potluck after our 8 p.m. meeting. Please join us as we fellowship and unite as woman in the program together and have yummy food!

Location: 7190 Sunset Dr  
Time: 9:00 p.m.

\*\*LOCATION NOT AFFILIATED W NA

The graphic has a light green background with purple decorative elements. It features an illustration of a potluck meal with various dishes, bread, and drinks. The text is in purple and black fonts.



South Dade Area Of  
**Narcotics Anonymous**

**THE JOURNEY CONTINUES NEWSLETTER**

**Local Announcements**



**LATE NIGHT DINER MEETUP**

Every Last Friday of the Month  
Join us after our Friday Night  
Last Chance Meeting!

Diner Location on BIRD ROAD  
8503 SW 40th ST, Miami, FL 33155

The Diner's location is not associated with N.A.

**NEW FORMAT!!**

**WEEK 1: SPEAKER**

**WEEK 2: "THE BASICS OF THE PROGRAM"**

**WEEK 3: SPEAKER**

**WEEK 4: SPEAKER'S IP CHOICE**

**MAKE GABLES**

**GREAT AGAIN**

**THURSDAYS,**

**8:30 -9:30 PM**

**SOUTH MIAMI  
LUTHERAN CHURCH**

**7190 SUNSET DRIVE  
MIAMI, FL 33143**



## THE JOURNEY CONTINUES NEWSLETTER

# Get Involved : Local Service Committee Meetings

A blue poster with a white grid pattern at the top. It features the NA logo at the top center. Below the logo, the text 'VOLUNTEERS NEEDED!' is written in large, bold, white letters. Two megaphone icons are positioned on either side of this text. Below the main text, it says 'SOUTH DADE AREA HOSPITALS & INSTITUTIONS SUBCOMMITTEE'. A paragraph of text follows: 'Seeking volunteers in recovery to share their experience, strength, and hope with those seeking a new way of life.' Below this, it states 'WE MEET THE THIRD WEDNESDAY OF EVERY MONTH IN THE LIBRARY AT 7:30 PM'. A white box contains the address: 'South Miami Lutheran Church, 7190 SW 72nd Street, Miami, FL 33143'. At the bottom, contact information is provided: 'For more information, contact: Greg G. 703-679-0003, Tony L. 786-879-3347'. The bottom of the poster is decorated with silhouettes of hands and hearts. A small disclaimer at the very bottom reads '\*NA is not affiliated with this location'.

**VOLUNTEERS NEEDED!**

**SOUTH DADE AREA  
HOSPITALS & INSTITUTIONS  
SUBCOMMITTEE**

Seeking volunteers in recovery to share their experience, strength, and hope with those seeking a new way of life.

**WE MEET THE  
THIRD WEDNESDAY OF EVERY MONTH  
IN THE LIBRARY AT 7:30 PM**

South Miami Lutheran Church  
7190 SW 72nd Street  
Miami, FL 33143

For more information, contact:  
Greg G. 703-679-0003  
Tony L. 786-879-3347

\*NA is not affiliated with this location

To be included in upcoming issues of this Newsletter: Please send any subcommittee meeting dates, times, and meeting locations to [newsletter@namiami.org](mailto:newsletter@namiami.org)



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# **Get Involved : Local Service Committee Meetings**

### **Public Relations Subcommittee**

meets @ 6:45pm

The last Sunday of every Month  
in the Library at South Miami Lutheran  
Church 7190 Sunset Dr, Miami, FL 33143

### **Activities Subcommittee**

meets @ 7:15pm

Every 1st & 3rd Thursday of the Month  
in the Library at South Miami Lutheran  
Church 7190 Sunset Dr, Miami, FL 33143



South Dade Area Of  
**Narcotics Anonymous**

**THE JOURNEY CONTINUES NEWSLETTER**

**How to Get Involved :  
Local Service Committees Meetings  
SouthDade Area Newsletter**

**Join us in doing service!**

**Committee Meets @ 7pm**

**Every Last Sunday of the Month**

In the Library @

South Miami Lutheran Church

7190 Sunset Dr, Miami, FL 33143

\*South Miami  
Lutheran Church not  
affiliated with NA

**Contact us at [Newsletter@namiami.org](mailto:Newsletter@namiami.org)**



South Dade Area Of  
**Narcotics Anonymous**

## **THE JOURNEY CONTINUES NEWSLETTER**

# **Happy Anniversary:**

Laura - 03/01/2024

Melissa - 03/04/2022

Esteban B. - 03/10/2022

David H. - 03/10/2020

Gary R. - 03/10/2023

Blair S. - 03/12/2021

Alejandra H. - 03/14/2015

Adele P. - 03/15/2018

Mike S. - 03/15/2017

Jannette - 03/22/2015

Stephanie F. - 03/22/2020

Jeanette - 03/22/2014

Ramses - 3/23/2015

Chris - 03/24/1992



**Celebrate with us!**

**Send your First Name, Last initial and Cleandate to:**

**[newsletter@namiami.org](mailto:newsletter@namiami.org)**