



THE JOURNEY CONTINUES NEWSLETTER

Step of the Month: Step 5 Experience

“We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

As I started to come out of step four, I was ready. I was ready to keep going with step work because I came into the fellowship weary and broken, and I wanted to keep feeling better and better. I kept hearing that the steps would make me feel better so that's what I went after. I practiced courage in the 4th step but I have to bring it with me into step 5 along with some trust. I need to practice trust not only with my sponsor but with myself and my higher power, trusting that this is the right path for me.

I chose my sponsor to do my 5th step with because I don't believe in sharing a fifth step with some random stranger on a bus which I heard over and over in the rooms of Narcotics Anonymous. If I share my fifth step with a random person, that person may not have the compassion, integrity, and insight that my sponsor has for me. Therefore, for me, it would be absolutely useless and meaningless to not use my sponsor.

I did my steps through the step working guide and one of the questions was how do I practice the principle of courage in working this step and how does it affect my whole recovery? My answer... because I will need courage in the future and I must get started practicing it. I will need courage to go back out into the world. I will need courage to look at my sixth step. I need courage to be the person that I want to become. I need courage to change, to apply for a job. I will need courage and integrity to keep it.

And lastly, what I get if I practice this step properly is a sense of integrity. And then I must carry that integrity forth into the rest of my life into all of my affairs. Continues on Page 3



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If I don't start now, the process gets delayed and so does my recovery. So to recap... from the courage of step four I'll bring it into step five and I mix it with integrity going forward into my sixth step because after all, my higher power's will for my life is to work the rest of the steps, first and foremost.

Now that I have finished step five, if I've been completely honest, I now have some integrity. I always wanted to have integrity, but integrity was a principle I was sorely lacking. If I really want some recovery and to truly feel the effects of the steps, I'm gonna definitely need some integrity going into the 6th step. Not only to stay clean but to have a profound change in character. **By M. Addict 03/15/2017**

Tradition of the Month: Tradition 5

“Each group has but one primary purpose—to carry the message to the addict who still suffers.”

Tradition 5 reminds Narcotics Anonymous groups that their primary focus must always be on carrying the message of recovery to addicts who are still struggling. Rather than getting distracted by outside issues, personal agendas, or secondary goals, the group's main responsibility is to offer hope and share the solution of recovery through the NA program.

This tradition ensures that the groups stay unified and effective in their purpose: helping addicts find a new way to live. As I sit here to reflect on tradition five, the literature tells us that recovery isn't our only priority, carrying the message is. In my eyes my recovery is necessary to carry the message. “The therapeutic value of one addict helping another is without parallel.” There is nothing like relating and having a connection or similarity with another addict.

Continues on Page 4



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Not feeling alone has been one of the main themes of connecting throughout my recovery and has been revolutionary for me personally. Tradition 5 reminds members that service to the suffering addict is at the heart of NA's existence, and that by helping others, members also continue to nurture and strengthen their own recovery. **By A. Addict 07/10/2012**



The material for this Newsletter is created and edited by NA members for every NA member. The Twelve Traditions of NA were used to edit this newsletter. If you find improper misrepresentation of our traditions please contact the editor at newsletter@namiami.org



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Concept of the Month: Concept 5

“For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.”

“Each action we perform should have a clear point of accountability. For the committee as a whole, that point is the chair who reports to his or her respective Area Service Committee, Regional Service Committee, or World Services. For specific projects, the usual type of work we do in PI service, a single coordinator, project leader, or ad hoc chair should be selected. This person should be held accountable for the responsibilities assigned to him or her. These responsibilities and our other expectations of that person should be clearly defined; some committees include them in their guidelines or procedural manuals.

The spiritual principles important to the Fifth concept are integrity, respect, and trust. This concept’s insistence upon accountability fosters all three principles. In essence, the committee tells the individual who has been selected as the single point of accountability for a task that it trusts him or her and that, through this trust, it is showing that it respects that person’s personal integrity.

Trust, as has been pointed out earlier, must be earned. The committee, in selecting this person as the single point of accountability, is saying that his or her past actions—both on behalf of service to the NA Fellowship, as well as in his or her personal life—have convinced them to trust that individual with the responsibility of carrying out the particular task assigned. They respect the individual’s personal integrity, and trust him or her to accomplish the task with excellence, and within the time frame allotted for it.”

From: Twelve Concepts of Service and Public Relations



South Dade Area Of
Narcotics Anonymous

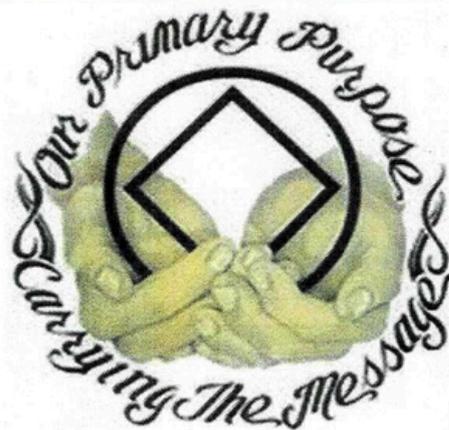
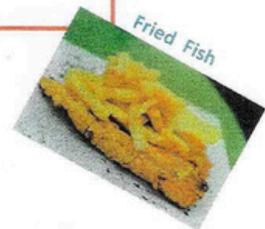
THE JOURNEY CONTINUES NEWSLETTER

Upcoming Events



FUNDRAISER
Speaker Jam

Date: **May 17, 2025**
 Location: 5601 NW 7th Ave.
 Miami, Fl. 33127
Time: 1:00pm — 10:00pm
Female Speakers
"Mothers In Recovery"



Raffle Tickets (3 Prizes)
Fellowship!!
Sharing and Caring!!

Combo of Any food you would like!!!!

SAFE PARKING SPACE AVAILABLE
ASK COMMITTEE MEMBER

****Facility not affiliated with Narcotics Anonymous****

North Dade Area



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Upcoming Events



Fundraiser



**“Boots On the Ground”
“Best Dress Contest”**

Wear Your **Boots, Hats, & Bring Your Fans**

May 31, 2025

**Location: Brownsville Culinary Academy
5120 NW 24th Ave.
Miami, Fl. 33142**

Time: 6:00pm—11:00pm

**\$15.00 Ticket
Meal Included
You Choose!!!**

Line Dancing



Baked Beans



Sausages



Spaghetti



Hot Dogs



Garden Salad



Assorted Soft Drinks



Bottled Water



Corn On the Cob

Facility not affiliated with Narcotics Anonymous

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Upcoming Events

"SURVIVING AGAINST ALL ODDS..."

**SURVIVAL
45
ANNIVERSARY**®
1980 - 2025

MAY 16, 2025

8:30 PM DOUBLE-SPEAKER
9:30 PM FOOD, FUN, FELLOWSHIP!

6600 SW 62 AVE,
SOUTH MIAMI, FL 33143

SBACNA ENTERTAINMENT
PRESENTS

**DRAG
SHOW
2025**

JUNE 7, 2025

MEETING 3-4P
SHOW 4:30-6P

WHERE:
SUNSHINE CATHEDRAL*
1480 SW 9TH AVE
FORT LAUDERDALE, FL 33316

\$25

BUY TICKETS @ SBACNA.ORG

For more info:
Andrea (614) 452-0083 For more info:
Rachel (754) 308-8648

*Location is not affiliated with Narcotics Anonymous



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New Meetings



New Meeting

**You Are Not Alone:
Medication & Illness in
Recovery**

Tuesdays
7:30 - 8:30 PM
Unity Room
6600 sw 62 Ave,
Miami FL



Location not affiliated with NA



South Dade Area Of Narcotics Anonymous

THE JOURNEY CONTINUES NEWSLETTER

Local Annoucements

¿TINENES PROBLEMAS CON LAS DROGAS?



Narcotics Anonymous.
Narcóticos Anónimos

NOSOTROS PODEMOS AYUDARTE!

¡LIBRE, GRATUITO Y CONFIDENCIAL!

(305) 265-9955

GRUPOS DEL ÁREA DE HABLA HISPANA DEL SUR DE LA FLORIDA

EL VIAJE CONTINUA

DOMINGO 7:00 PM - 8:00 PM
4425 HOLLYWOOD BLVD
HOLLYWOOD FL 33022

SOMOS UN MILAGRO

DOMINGO 5:00 PM - 6:00 PM
MARTES 7:00 PM - 8:00 PM
MIÉRCOLES REUNIÓN
VIRTUAL 7:00 PM - 8:00 PM
ZOOM ID:7317740756
VIERNES 7:00 PM - 8:00 PM
SABADO 7:00 PM - 8:00 PM
38 CURTIS PARKWAY
MIAMI SPRINGS 33166

POCO A POCO

LUNES 7:45 PM - 8:45 PM
JUEVES 7:45 PM - 8:45 PM
7190 SUNSET DRIVE
MIAMI 33413

RENACIMIENTO

VIERNES 7:30 PM - 8:30 PM
7190 SUNSET DRIVE
MIAMI 33413

SABADO GIGANTE

SÁBADOS 8:30 PM - 9:30 PM
7190 SUNSET DRIVE
MIAMI 33143

CONECTADOS

MIÉRCOLES 8:15 PM - 9:15 PM
6600 SW 62ND AVE.
SOUTH MIAMI, FL 33143



www.na.org

www.ahhfina.com

COMITE DE CONVENCIONES DEL AREA HISPANA DEL SUR DE LA FLORIDA DE NA

CONVENCION XVI | 2025

JUNE 27 | 28 | 29



WE ARE LOOKING FOR SPEAKERS

MAIN SPEAKERS WITH 5 YEARS OR MORE OF CLEAN TIME.
SEND US A RECORDING MESSAGE OR VOICE NOTE
OF YOUR STORY VIA WHATSAPP OR EMAIL

PROGRAMATION | MARISOL +1 (786) 393-8393
EMAIL ADDRESS: Marisolt463@gmail.com

CONTACTS:

REGISTRATION

MILDRED | +1 (305) 563-6011

HOSPITALITY

PAOLA | +1 (954) 842-1217

MERCHANDISE

DOUGLAS | +1 (786) 278-1049

ACTIVITIES

WILFREDO | +1 (954) 955-9185



QR CODE FOR
HOTEL RESERVATIONS



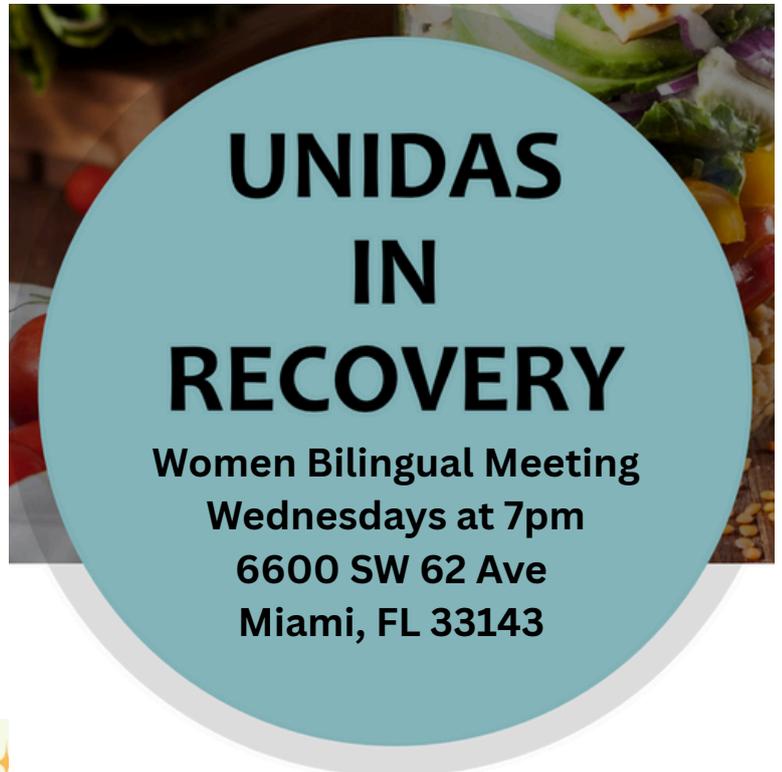
19201 Collins Av, Sunny Isles Beach, Florida 33160

NA NARCOTICS ANONYMOUS IS NOT AFFILIATED WITH THIS FACILITY



THE JOURNEY CONTINUES NEWSLETTER

Local Announcements



**UNIDAS
IN
RECOVERY**

Women Bilingual Meeting
Wednesdays at 7pm
6600 SW 62 Ave
Miami, FL 33143

**Serenity 4
Women**



Every third Monday of the month we are having a potluck after our 8 p.m. meeting. Please join us as we fellowship and unite as woman in the program together and have yummy food!

Location: 7190 Sunset Dr
Time: 9:00 p.m.

**LOCATION NOT AFFILIATED W NA



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Local Announcements



LATE NIGHT DINER MEETUP

Every Last Friday of the Month
Join us after our Friday Night
Last Chance Meeting!

Diner Location on BIRD ROAD
8503 SW 40th ST, Miami, FL 33155

The Diner's location is not associated with N.A.

NEW FORMAT!!

WEEK 1: SPEAKER

WEEK 2: "THE BASICS OF THE PROGRAM"

WEEK 3: SPEAKER

WEEK 4: SPEAKER'S IP CHOICE

MAKE GABLES

GREAT AGAIN

THURSDAYS,

8:30 -9:30 PM

**SOUTH MIAMI
LUTHERAN CHURCH**

**7190 SUNSET DRIVE
MIAMI, FL 33143**



South Dade Area Of
Narcotics Anonymous

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**Get Involved :
Local Service Committee Meetings**

A blue poster with a halftone dot pattern at the top. It features the NA logo at the top center, two megaphone icons on either side of the main text, and illustrations of hands and hearts at the bottom. The text is white and yellow.

**VOLUNTEERS
NEEDED!**

**SOUTH DADE AREA
HOSPITALS & INSTITUTIONS
SUBCOMMITTEE**

Seeking volunteers in recovery to share their experience,
strength, and hope with those seeking a new way of life.

**WE MEET THE
THIRD WEDNESDAY OF EVERY MONTH
IN THE LIBRARY AT 7:30 PM**

South Miami Lutheran Church
7190 SW 72nd Street
Miami, FL 33143

For more information, contact:
Greg G. 703-679-0003
Tony L. 786-879-3347

*NA is not affiliated with this location



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Get Involved :
Local Service Committee Meetings

Public Relations Subcommittee

meets @ 6:45pm

The last Sunday of every Month
in the Library at South Miami Lutheran
Church 7190 Sunset Dr, Miami, FL 33143

Activities Subcommittee

meets @ 7:15pm

Every 1st & 3rd Thursday of the Month
in the Library at South Miami Lutheran
Church 7190 Sunset Dr, Miami, FL 33143

To be included in upcoming issues of this Newsletter: Please send
any subcommittee meeting dates, times, and locations to
newsletter@namiami.org



THE JOURNEY CONTINUES NEWSLETTER

**How to Get Involved :
Local Service Committees Meetings**

Help us carry the message!

**Newsletter Committee Meets the
Last Sunday of the Month @ 6:45pm**

In the Library at South Miami Lutheran Church
7190 Sunset Dr, Miami, FL 33143

*South Miami Lutheran Church not affiliated with NA



Contact us at Newsletter@namiami.org



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Happy Anniversary:

- Doug K. - 05/01/1985
- Jeff S. - 05/01/1985
- Maryanne - 05/05/2023
- Charise - 05/07/2017
- Estefania - 05/12/2021
- Miguel A. - 05/12/2012
- Raul - 05/12/2023
- Victor - 5/13/1989
- Laz A. - 05/14/1990 ∞
- Felipe C. - 05/22/2017 ∞



- María M. - 05/22/1987
- Everett C. - 5/23/2023
- Allison K. - 05/27/2022
- Bob R. - 05/27/1983
- Elly - 05/29/2023

Celebrate with us!

Send your First Name, Last initial and Cleandate to:

newsletter@namiami.org