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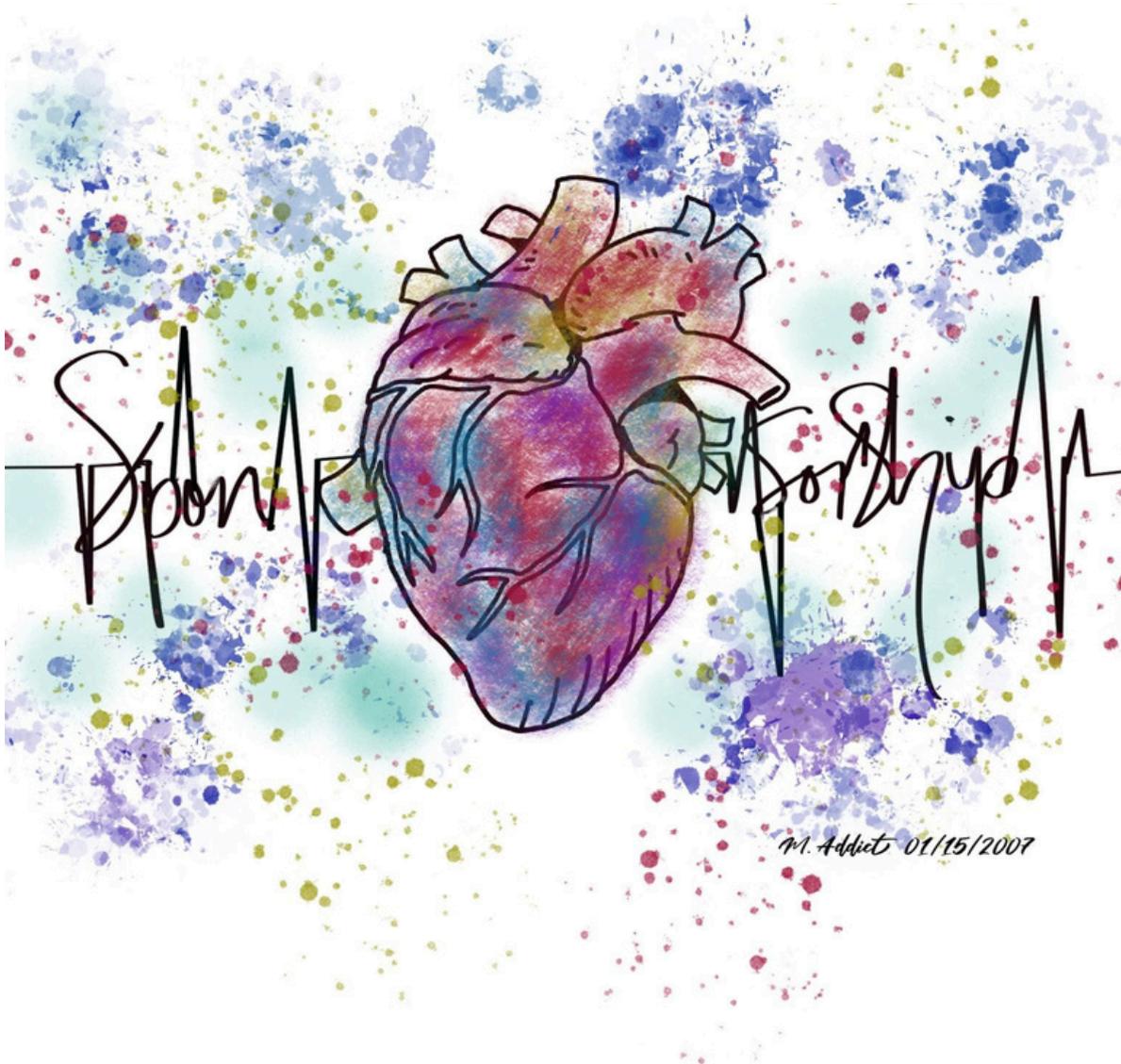
# THE JOURNEY CONTINUES NEWSLETTER

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## Welcome

How do we attract the addict who still suffers to the fellowship of NA? We offer our experience, strength, and hope. Our message is powerful; “That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.” Our Newsletter’s purpose is to spread this message. Our local service committees share that same purpose. We invite you to read through these pages, get inspired, and get involved.

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## **THE JOURNEY CONTINUES NEWSLETTER**

### **Step of the Month: Step 9 Experience**

“We made direct amends to such people wherever possible, except when to do so would injure them or others.”

The first time I was doing the steps, and with all my desire to be a better person, I was eager to reach this step and wanted to be able to fix everything with everyone. But when I reached this step and realized that there are amends that cannot be made, it was difficult. I had to put into practice spiritual principles learned in previous steps, such as acceptance. Understanding that my expectations and/or desires for how things will turn out are not necessarily the will of my higher power, and there I had to put into practice my third step so that my amends didn't harm others more than I have already harmed them. I accept the results of these as they come, not as I want them to be.

The first person I put on that list, thanks to my sponsor's guidance at the time, was myself. I was the person I hurt the most, and the person I still sometimes hurt today. With time and work on the steps, I've managed to live a slightly more cautious life in my relationships with others. I've managed to live without harming the people around me, but what I'm working on today is learning not to harm myself anymore. And I still have to put myself on that eighth-step list as the first person to make amends to. The first amends to myself has been not using, one day at a time for the past nine years and five months of my life. That's my greatest amends, to myself. That same action has applied as the greatest amends to my loved ones, my family. They have been the second most affected, and staying clean just for today has been my greatest amends to them.

I've been living away from them for six and a half years, and even though I'm going through whatever I'm going through, they can go to sleep peacefully without the anxiety and horrible worry of whether I'm going to use this time and suddenly never return. That fear is gone today. Today, my family sleeps in peace knowing that I'm okay, that I'm home, and that just for today I'm not going to use. Continues on Page 3

**WRITTEN FOR ADDICTS BY ADDICTS**



## **THE JOURNEY CONTINUES NEWSLETTER**

For the most part, my amends have had to be made in action, because for many years my words had no value. So for the first few years, I had to demonstrate with actions that my change was real. I had to demonstrate to the world, and especially to myself, that, one day at a time, I was living the NA way, and little by little, my word became valid again. After two years clean, I was able to physically apologize to a person I had hurt deeply, a person who was willing to listen to me. I went without expectations because I knew it might not turn out the way I wanted, but luckily for me, it turned out even better than I expected. After years of living in recovery, I was already a different person, and I could see this person not only in my way of speaking but in my way of being.

Another way I've made amends for things that can't be fixed has been through service- service in NA and service to humanity in general. Service is a channel for healing and repairing all the damage I've caused that there's no direct way to undo. Selfless, loving service is the greatest amends I can make to myself and others. **By J. Addict 03/20/2016**

### **Tradition of the Month: Tradition 9**

“NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.”

What does this mean exactly? Aren't "service boards and committees" an example of an organization? And who are "those they serve?" On the surface, this sounds complicated and confusing yet this Tradition is one of the easiest to understand once broken into its constituent parts and the spiritual principles behind this Tradition are identified. Our primary purpose is to carry the message which is a simple message, yet in order to accomplish this we do need to have structures in place. Our groups have formats. We have business meetings to handle matters keeping the group functioning and also connected to NA as a whole. Similarly, we have an area service group which handles tasks applicable to functioning on an area level. Continues on Page 4

**WRITTEN FOR ADDICTS BY ADDICTS**



## **THE JOURNEY CONTINUES NEWSLETTER**

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These are ways in which we are organized; the means to provide structure and for functions required to keep the lights on, yet we don't organize in the sense of governing what people will say to carry the message or what is the only way to recover. There is a distinct difference between the organization for functioning efficiently and predictably, versus an organization for governance.

Group responsibility does not end at the creation of these boards and committees. Tradition Nine tells us that these entities are directly responsible to those they serve, the groups. Consequently, it is the group's responsibility to communicate and to be aware of the actions and messages from those service boards. The group must be cognizant of the service committees actions, and that we ensure there are members willing to become involved. Involvement and attention to these lines of information flow is imperative to ultimately fulfill our primary message to help the addict still suffering. The responsibility then is a bidirectional flow of thoughts, ideas, and goals.

The spiritual principles of Tradition Nine include humility, prudence, and fidelity. We must be humble to allow for different ideas, philosophies, and points of view. Individual groups cannot do all that is needed to carry the message alone. The joining of forces to create a structure to fulfill our primary purpose can better serve that mission. The service boards must also practice humility as they are not established to govern but only to serve. Prudence as practiced by the group and the service boards is also an important spiritual principal. Needs should be carefully considered when creating boards, committees, and subcommittees.

Continued interaction between groups and the committees, service boards, and subcommittees is required to maintain guidance and accountability. The spiritual principle of fidelity offers us the ability to join together in the spirit of carrying out our primary purpose. Personal growth and responsibility arises from practice of this Tradition.

Continues on Page 5



## **THE JOURNEY CONTINUES NEWSLETTER**

We become aware of the concept of personal responsibility. This understanding serves us within the context of selfless loving service within NA, and also gives us a vision of applicability outside of NA; in our jobs, in our personal lives, in our position within society in general. We find peace of mind once we are able to trust others to carry out responsibilities without looking over their shoulders as they offer the same courtesy.

*The Ninth Tradition assures that the simple spontaneous atmosphere of recovery shared one addict to another in the NA group is never organized, legislated, or regulated out of existence. (It Works How and Why (Copyright 1993), p.196)*

**By M. Addict 11/04/1998**

### **Concept of the Month: Concept 9**

“All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.”

“To check judgment, to guard against hasty or misinformed decisions, and to invite the sharing of new ideas, our services must consider all viewpoints when making plans. This is essential to the development of a fair, wise, balanced group conscience.”

**From: Twelve Concepts for NA Service**

The material for this Newsletter is created and edited by NA members for every NA member. The Twelve Traditions of NA were used to edit this newsletter. If you find improper misrepresentation of our traditions please contact the editor at [newsletter@namiami.org](mailto:newsletter@namiami.org)

**WRITTEN FOR ADDICTS BY ADDICTS**



**THE JOURNEY CONTINUES NEWSLETTER**

**Gratitude List**

**from Members of the SouthDade Area:**

- I am grateful to God for my life, the air I breathe, and my freedom.
- I am grateful for Narcotics Anonymous and the opportunity to live a new life without the need to use drugs to be happy.
- I am grateful for this program that offers me freedom and a reason to live.  
R. Addict 05/12/2023
- The connections I've made in the program.
- Another day clean
- Grateful for the things many overlook – a roof over my head, my dog, my car, my job, and simply being above ground.  
F. Addict 07/01/2024
- My connection with my higher power.
- My unconditional love and support from my mother.
- The fellowship that has been patiently waiting for me to surrender and accept this new way of life.  
Y. Addict 08/06/2023
- Being able to rest today since I don't work tomorrow.
- Reorganizing my room making it look more spacious.
- Another day where I'm not struggling even though I'm broke at the moment, I'm able to maintain for another day.  
A. Addict 3/26/2025

**“My gratitude speaks when I care and when I share with others the NA Way.” Jimmy K.**



South Dade Area Of  
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**Be a part of an upcoming issue  
of the Newsletter!**

**Submit a short gratitude list  
along with your first initial  
and clean date to:**

**[newsletter@namiami.org](mailto:newsletter@namiami.org)**



**\*no clean time requirement**



# THE JOURNEY CONTINUES NEWSLETTER

## Upcoming Events





# THE JOURNEY CONTINUES NEWSLETTER

## Upcoming Events

# HALLOWEEN SHIRT DESIGN CONTEST

**SUBMISSIONS BY OCT 1ST**



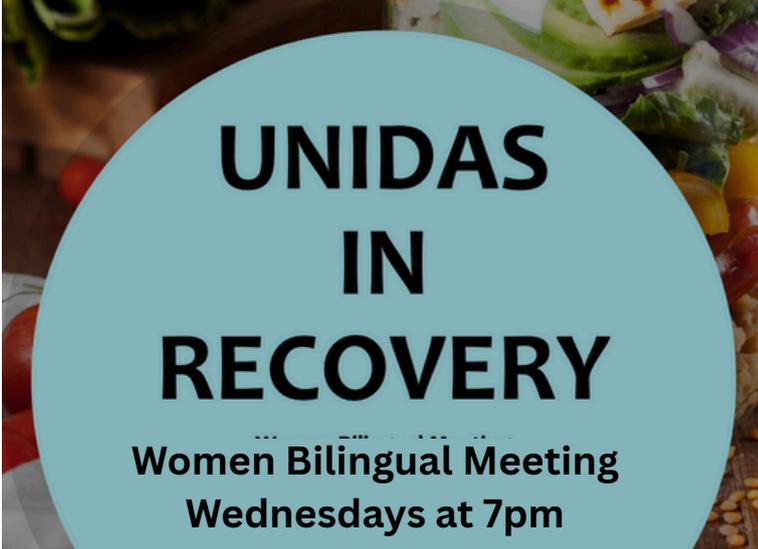
Halloween Dance by South Dade Activities Committee  
**Are you ready to unleash your creativity and scare away your competitors? Send activities your halloween dance shirt design for a chance to have it picked, get a free shirt, and get 2 tickets to the dance!**

**Send to [Ffclassicff@gmail.com](mailto:Ffclassicff@gmail.com)  
subject halloween shirt**



**THE JOURNEY CONTINUES NEWSLETTER**

**Local Announcements**



**UNIDAS  
IN  
RECOVERY**

**Women Bilingual Meeting  
Wednesdays at 7pm  
6600 SW 62 Ave  
Miami, FL 33143**

**Serenity 4  
Women**



Every third Monday of the month we are having a potluck after our 8 p.m. meeting. Please join us as we fellowship and unite as woman in the program together and have yummy food!

**Location: 7190 Sunset Dr  
Time: 9:00 p.m.**

\*\*LOCATION NOT AFFILIATED W NA




New Meeting

**You Are Not Alone:  
Medication & Illness in  
Recovery**



Tuesdays  
7:30 - 8:30 PM  
Unity Room  
6600 sw 62 Ave,  
Miami FL

Location not affiliated with NA



**THE JOURNEY CONTINUES NEWSLETTER**

**Local Announcements**

**The Ties That Bind Us!**  
*Literature*  
 Bring your book!!!  
*reading meeting*  
 From  
*How It Works*  
 And Why!  
*Tuesday nights!!*  
 8:00pm-9:00pm

Location: 6600 Sw. 62nd ave Miami FI Unity Room Clubhouse

**NEW FORMAT!!**

**WEEK 1: SPEAKER**

**WEEK 2: "THE BASICS OF THE PROGRAM"**

**WEEK 3: SPEAKER**

**WEEK 4: SPEAKER'S IP CHOICE**

**MAKE GABLES**

**GREAT AGAIN**

**THURSDAYS,**  
**8:30 -9:30 PM**

**SOUTH MIAMI**  
**LUTHERAN CHURCH**  
**7190 SUNSET DRIVE**  
**MIAMI, FL 33143**



South Dade Area Of  
**Narcotics Anonymous**

**THE JOURNEY CONTINUES NEWSLETTER**

**Get Involved :  
Local Service Committee Meetings**

**VOLUNTEERS NEEDED!**

**SOUTH DADE AREA  
HOSPITALS & INSTITUTIONS  
SUBCOMMITTEE**

Seeking volunteers in recovery to share their experience, strength, and hope with those seeking a new way of life.

**WE MEET THE  
THIRD WEDNESDAY OF EVERY MONTH  
IN THE LIBRARY AT 7:30 PM**

South Miami Lutheran Church  
7190 SW 72nd Street  
Miami, FL 33143

For more information, contact:  
Greg G. 703-679-0003  
Tony L. 786-879-3347

\*NA is not affiliated with this location



South Dade Area Of  
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**THE JOURNEY CONTINUES NEWSLETTER**

**Get Involved :**



*South Dade Area  
24 Hour Room Ad-Hoc*

**Want to get involved?**

**Join us for our upcoming business meetings:**

**Wednesdays @ 8:30pm**

**SEPTEMBER: 10TH , 24TH**

**OCTOBER: 8TH , 22ND**

**NOVEMBER: 12TH, 26TH**

**DECEMBER: 3RD, 10TH, 17TH, 22ND**

MEET IN THE LIBRARY ROOM @ SOUTH MIAMI LUTHERAN CHURCH  
7190 SUNSET DRIVE

*\*LOCATION NOT AFFILIATED WITH NA\**

*Be apart of the magic & hope that our  
24 hour room brings*

Newcomers **ENCOURAGED!!** We need you too!

Start your service at South Dade Area's biggest event of the year



FOR MORE INFO CONTACT:

AD-HOC CHAIR: AL -786-286-1238



South Dade Area Of  
**Narcotics Anonymous**

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## **THE JOURNEY CONTINUES NEWSLETTER**

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# **Get Involved : Local Service Committee Meetings**

### **Public Relations Subcommittee**

meets @ 6:45pm

The last Sunday of every Month  
in the Library at South Miami Lutheran Church  
7190 Sunset Dr

### **Activities Subcommittee**

meets @ 7:15pm

Every 1st & 3rd Thursday of the Month  
in the Library at South Miami Lutheran Church  
7190 Sunset Dr

### **Area Service Committee**

meets @ 10am

Every Second Sunday of the Month  
at the Unity Room 6600 SW 62 ave

To be included in upcoming issues of this Newsletter: Please send  
any subcommittee meeting dates, times, and locations to  
[newsletter@namiami.org](mailto:newsletter@namiami.org)



South Dade Area Of  
**Narcotics Anonymous**

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## **THE JOURNEY CONTINUES NEWSLETTER**

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# **How to Get Involved : Local Service Committees Meetings**

## **Help us carry the message!**

# **Newsletter Committee Meets the Last Sunday of the Month @ 6:45pm**

In the Library at South Miami Lutheran Church  
7190 Sunset Dr, Miami, FL 33143

\*South Miami Lutheran Church not affiliated with NA



# **Contact us at [Newsletter@namiami.org](mailto:Newsletter@namiami.org)**



## **THE JOURNEY CONTINUES NEWSLETTER**

# **Happy Anniversary:**

Jesus - 09/01/2000  
Jorgie - 09/04/2022  
Alejandro P. - 09/07/2019  
Danielle S. - 09/07/2023  
Augustin C. - 09/08/2018  
Chris J. - 09/08/2007  
Bob C. - 09/11/1981  
Grateful Willie - 9/12/1990  
David - 09/12/2022  
Kenny L. - 09/17/1988  
Tony F. - 09/18/2023  
Via - 09/20/2023  
Jorge P. - 09/25/1992  
Walter - 09/27/1985  
Tony L. - 09/28/2018  
Daniel L. - 09/29/2021  
Fermina - 09/29/2004



**Celebrate with us!**

**Send your First Name, Last initial and Cleandate to:**

**[newsletter@namiami.org](mailto:newsletter@namiami.org)**