



THE JOURNEY CONTINUES NEWSLETTER

Welcome

How do we attract the addict who still suffers to the fellowship of NA? We offer our experience, strength, and hope. Our message is powerful; “That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.” Our Newsletter’s purpose is to spread this message. Our local service committees share that same purpose. We invite you to read through these pages, get inspired, and get involved.

XXIV



*There are no strangers here,
only friends we haven't met.*

By M. Addict 01/15/2007

WRITTEN FOR ADDICTS BY ADDICTS



THE JOURNEY CONTINUES NEWSLETTER

Personal Story of a Recovering Addict *CHOOSING RECOVERY OVER FEAR & OLD BEHAVIORS:*

The Serenity Prayer became my daily anchor long before I understood its meaning. I first encountered it at a Narcotics Anonymous meeting in a small church, surrounded by people who didn't look like the usual Sunday congregation. I questioned why I was there and why I kept returning, even when I tried to convince myself it was for the wrong reasons—attention, validation, or the idea that someone in the room wanted something from me. Beneath those distractions, something deeper was calling me back, even if I wasn't ready to hear it.

For years, my thinking blurred the true purpose of recovery and kept me from embracing the message. But everything changed in August 2023 at my first NA convention, when a room full of addicts shouted, "Keep coming back!" With only a week clean, I made the choice to get involved: reading, writing, praying, attending meetings, and serving without expecting anything in return. I focused on staying clean one day at a time and surrendering the life that had kept me lost for so long. Little by little, I leaned on God, my sponsor, and my fellowship to guide me toward clarity and stability.

Today, I remain committed to the simple desire to stop using—the foundation of Tradition Three. I'm not rushing the process; instead, I'm allowing recovery to work through me as I shed old behaviors and build a stronger spiritual connection. Each day I choose faith, honesty, and willingness. Each day I stay clean. And with gratitude, I keep coming back.

Y. Addict 08/07/23



THE JOURNEY CONTINUES NEWSLETTER

Step of the Month: Step 12

“Having had a spiritual awaking as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs”

“In the Twelfth Step, we practice the spiritual principles of giving the NA message of recovery in order to keep it. Even a member with one day in the NA Fellowship can carry the message that this program works”

Basic Text page 50

This the Twelfth month of the second year of the “The Journey Continues Newsletter” . Twenty-Four editions of twelve step work. Our publishers who started on a journey to spread the message of Who we are, What we do, Why we are here, How we work it, How we protect it, along with how we celebrate it.

The message of recovery is carried in many ways, through our literature, meetings, sponsorship, H&I, phone line, events, conventions, retreats, ect. In this forum, the newsletter team embraced technology to produce a typically printed media in a digital format. Allowing the message to be delivered in many ways, all while making it attractive to the addict new and old.



THE JOURNEY CONTINUES NEWSLETTER

Step of the Month: Step 12

“Having had a spiritual awaking as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs”

continued:

The Newsletter allows for anyone to share in recovery, giving back by writing on a step or tradition commenting on a concept, posting an announcement, celebrating your clean date, sharing a gratitude list, telling a personal story.

The Year ahead poses new challenges for the continuation of this wonderful message delivery tool. This committee will need help, PLEASE consider working on the newsletter as a way of carrying the message as your spiritual awaking takes place.

“Yes, we are a vision of hope. We are examples of the program working.

The joy that we have in living clean is an attraction to the addict who still suffers.

We do recover to live clean and happy lives. Welcome to NA, the steps do not end here.

THE STEPS ARE A NEW BEGINNING !”

Basic Text Page 53

Anonymous

Special thanks to Newsletter Team Sue, Mo, Doug



THE JOURNEY CONTINUES NEWSLETTER

Tradition of the Month: Tradition 12

“Anonymity is the spiritual foundation of all of our traditions, ever reminding us to place principles before personalities.”

The Twelfth Tradition is about remembering that NA works best when no one's ego is running the show. Anonymity isn't just about keeping names private, but creating an atmosphere where everyone feels equal and safe to show up as they are. When personalities or big opinions start taking up too much space, this tradition gently nudges our groups back to what actually matters: the shared values that keep us connected and supported. By focusing on principles like honesty, humility, and service, we are able to ensure that the rooms of NA stay open and welcoming for anyone who walks through the door.

At the heart of it, the 12th Tradition encourages us to stay humble and grounded, especially when tensions or conflicts arise. Instead of getting caught up in who's right or who's being difficult, this tradition reminds us to lean on NA's core principles to guide the way forward. Doing this helps us avoid unnecessary drama and keeps the focus on recovery rather than personalities. When we let go of ego and work for the good of the group, it allows us to build a healthier, more respectful environment where real healing can happen.

Despite having nearly nine years in recovery, I still find myself struggling at times with interpersonal relationships, even with others in the program. I've felt slighted, taken things personally, and even found myself wanting to pull away from recovery when the disease gets loud in my head. The Twelfth Tradition helps bring me back to what really matters: the message I hear in the rooms and the healing I receive by showing up, day after day, and connecting with the experience, strength, and hope shared by other addicts. Continues on Page 3



THE JOURNEY CONTINUES NEWSLETTER

The 12th Tradition reminds me that I don't need to beat myself up for being imperfect in recovery or worry about how others perceive me when I walk into a meeting, even when I'm navigating personal setbacks. I can keep coming back without fear of judgment, something that has saved many addicts from slipping away and returning to the false comfort of their addiction. With the 12th Tradition as a guide, I can allow others to support me through my shortcomings and, in turn, be there for the newcomer who is learning what it means to live the NA way of life. Together with the remaining Traditions, these principles help us move beyond ego and fear, creating a community where every addict has a chance to heal.

By M. Addict 04/03/2017

Concept of the Month: Concept 12

"In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never government."

"...The kind of authority that our groups have delegated to our boards and committees is the authority to serve, not to govern. Each element of our service structure, from the group to the world, has its own role to play; all, however, serve together as a team, striving toward a common goal, "that no addict seeking recovery need die without having the chance to find a new way of life." It is our sometimes hard-won experience that quality service, just like quality recovery, can only be accomplished in an atmosphere of mutual respect, mutual support, and mutual trust. Together, we recover, and together, we serve—this is the spiritual core of our program, the foundation of our fellowship. A structure based on that foundation could only be one of service, never of government."

From: Twelve Concepts for NA Service pg. 15



THE JOURNEY CONTINUES NEWSLETTER

Gratitude List

from Members of the SouthDade Area:

Grateful for:

- Stronger relationship with my family
 - Discovering my defects and being able to positively work on them
 - Being a better person overall and making the choice to not pick up
- A. Addict 03/26/1997

Grateful for:

- Self-love and no longer needing outside validation
 - Good health; mind, body, and soul
 - Good friends and good food
- E. Addict 11/19/2006

Grateful for:

- My unconditional surrender to my disease
 - Working the 12 steps of NA
 - The brothers and sisters of the fellowship
- O. Addict 02/01/2024

Grateful for:

- Another day clean
 - My blood family
 - My recovery process from the hell of addiction. I get to live this new way of life and I'm truly blessed
- D. Addict 02/20/2020

Grateful for:

- Spiritual, mental, and physical health
 - Friends, family, recovery
 - Freedom to choose because I stay clean
- A. Addict 03/14/2015

Grateful for:

- My dog
 - Friends who tell me the truth about myself
 - Sunlight and warmth
- S. Addict 07/17/2020

Grateful for:

- Meetings round the clock all over Miami
 - My predecessors welcome back after a hard and long relapse
 - Another day clean to be a better me for me and the newcomer
- D. Addict 10/20/2025

WRITTEN FOR ADDICTS BY ADDICTS



South Dade Area Of
Narcotics Anonymous

THE JOURNEY CONTINUES NEWSLETTER

**Be a part of an upcoming issue
of the Newsletter!**

**Submit a short gratitude list
along with your first initial
and clean date to:**

newsletter@namiami.org



***no clean time requirement**



THE JOURNEY CONTINUES NEWSLETTER

Upcoming Conventions

Spread the word. Show up. Be part of the magic.

MDCNA IS COMING!

MIAMI DADE CONVENTION OF NARCOTICS ANONYMOUS
WE'RE CALLING ALL MEMBERS OF THE FELLOWSHIP TO HELP SHAPE SOMETHING NEW, EXCITING, AND ROOTED IN RECOVERY!

Be part of building the very first MDCNA!

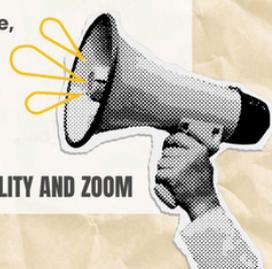
Bring your ideas, energy, and experience to help create an unforgettable convention centered in unity, service, and recovery.

Every Wednesday on Zoom @ 8:30 PM

Zoom ID: [674 041 0380](#)
 Password: unity305

Whether you're a service junkie, creative visionary, or just curious — we need YOU to help us bring this vision to life.

***NA IS NOT AFFILIATED WITH FACILITY AND ZOOM**

PALM COAST AREA OF NARCOTICS ANONYMOUS
 Presents
The 36th Annual Spiritual Retreat
"A Glimpse of Humility"
JANUARY 15-18, 2026

**FOUR DAYS of WORKSHOPS – SPEAKERS – SPIRITUALITY
 FELLOWSHIP – RECOVERY – FUN – FOOD**

Total four (4) day registration fee: \$285 – includes lodging and meals.
 Pre-registration is **REQUIRED**; Lodging is limited to 130 people. Separate cabins for all genders. Bring your own towels, bed linens and toiletries, closed-toe shoes, and flashlights (all else provided).
 *** No registrations will be accepted after December 31, 2025.***

Go to pcasr.com for registration and event details
 or scan the QR code.



Any questions or concerns,
 please contact Registration Chair, Jackson M. at (561) 578-9072 or
 Retreat Chair, Allie M (850) 418-5789

This event will be held at
"Riverside Camp and Retreat Center"
 7305 Fl-78
 Fort Denaud, Florida 33935

*** Narcotics Anonymous is not affiliated with the Riverside Camp and Retreat Center***





THE JOURNEY CONTINUES NEWSLETTER

Local Announcements



New Weekly Meeting Format

Sisters in Recovery

EVERY WEDNESDAY

7:00-8:00 PM

Unity Room*
6600 SW 62nd Avenue, Miami, FL 33143

*NA is not affiliated with the Unity Room

Serenity 4 Women



Every third Monday of the month we are having a potluck after our 8 p.m. meeting. Please join us as we fellowship and unite as woman in the program together and have yummy food!

Location: 7190 Sunset Dr
Time: 9:00 p.m.

**LOCATION NOT AFFILIATED W NA



New Meeting

**You Are Not Alone:
Medication & Illness in
Recovery**

Tuesdays
7:30 - 8:30 PM
Unity Room
6600 sw 62 Ave,
Miami FL



Location not affiliated with NA



THE JOURNEY CONTINUES NEWSLETTER

Local Announcements

MIAMI DADE CONVENTION OF NA

HEY! 

JOIN US

TO HELP MAKE OUR
FIRST MIAMI DADE
CONVENTION POSSIBLE

OPEN SERVICE POSITIONS

NO CLEAN TIME REQUIREMENT!

**WE MEET EVERY WEDNESDAY
8:30 PM (HYBRID MEETING)**

BY ZOOM / ID: 674 041 0380
PASSWORD: unity305

Spread the word. Show up. Be part of the recovery magic

NEW FORMAT!!

WEEK 1: SPEAKER

WEEK 2: "THE BASICS OF THE PROGRAM"

WEEK 3: SPEAKER

WEEK 4: SPEAKER'S IP CHOICE

MAKE GABLES

GREAT AGAIN

**THURSDAYS,
8:30 - 9:30 PM**

**SOUTH MIAMI
LUTHERAN CHURCH**

**7190 SUNSET DRIVE
MIAMI, FL 33143**



South Dade Area Of
Narcotics Anonymous

THE JOURNEY CONTINUES NEWSLETTER

Get Involved :

Local Service Committee Meetings



**SHARE
YOUR
FREEDOM**

B E T H E M E S S A G E



Seeking addicts with 1 year clean to share their experience, strength, and hope with those seeking a new way of life.



FOR MORE INFORMATION, CONTACT:
GREG G. 703-679-0003
TONY L. 786-879-3347

WE MEET THE THIRD WEDNESDAY OF EVERY MONTH IN THE LIBRARY AT 7:30 PM

*NA is not affiliated with this location



THE JOURNEY CONTINUES NEWSLETTER

Get Involved :

Local Service Committee Meetings

Public Relations Subcommittee

meets @ 6:45pm

The last Sunday of every Month
in the Library at South Miami Lutheran Church
7190 Sunset Dr

Activities Subcommittee

meets @ 7:15pm

Every 1st & 3rd Thursday of the Month
in the Library at South Miami Lutheran Church
7190 Sunset Dr

Area Service Committee

meets @ 10am

Every Second Sunday of the Month
at the Unity Room 6600 SW 62 ave

To be included in upcoming issues of this Newsletter: Please send
any subcommittee meeting dates, times, and locations to
newsletter@namiami.org



South Dade Area Of
Narcotics Anonymous

THE JOURNEY CONTINUES NEWSLETTER

How to Get Involved : Local Service Committees Meetings

Help us carry the message!

Newsletter Committee Meets the Last Sunday of the Month @ 6:45pm

In the Library at South Miami Lutheran Church
7190 Sunset Dr, Miami, FL 33143

*South Miami Lutheran Church not affiliated with NA



Contact us at Newsletter@namiami.org



THE JOURNEY CONTINUES NEWSLETTER

Happy Anniversary:

Ryan C. - 12/01/2020

Alli - 12/01/2023

Nelson V. - 12/01/2024

Lourdes S. - 12/02/2012

Rolando - 12/03/2019

Glen W. - 12/06/2022

Mike M. - 12/07/2024

Claude - 12/17/2024

JP - 12/10/2023

Gina J. - 12/11/2011

Jason - 12/21/2017

Elizabeth G. - 12/22/2004

Gloria - 12/22/2016

Becky - 12/25/1992

Francisco C. - 12/30/2019

Nik T. - 12/31/2001



Celebrate with us!

Send your First Name, Last initial and Cleandate to:

newsletter@namiami.org