



## THE JOURNEY CONTINUES NEWSLETTER

### Welcome

How do we attract the addict who still suffers to the fellowship of NA? We offer our experience, strength, and hope. Our message is powerful; "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live." Our Newsletter's purpose is to spread this message. Our local service committees share that same purpose. We invite you to read through these pages, get inspired, and get involved.



It Works How and Why

Pg 144

M. Addict 01/16/2007

WRITTEN FOR ADDICTS BY ADDICTS



## **THE JOURNEY CONTINUES NEWSLETTER**

### **Step of the Month: Step 11 Experience**

*“We sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.”*

When I first came into recovery, the “Higher Power” and “God” words scared me. I was so far removed from that part of my life or any type of spirituality for that matter. As I have grown in my recovery and worked my steps, remaining open-minded and willing, those words aren’t as scary anymore and I found my way to believing in a Higher Power who I choose to call God. Funny enough I am currently finishing Step 11 right now and at this time in my recovery, I find myself needing it more than ever before. I don’t believe in coincidences and I know God’s timing is always on time, even if its not on “my time”.

Prayer and meditation has never been easy for me. Trying to quiet my mind or find some sort of silence or down time in my life just seemed too difficult. As I have been working through this step and going through a really rough time in my life right now, I realized I was making it all out to be more complicated than it really needs to be, as this addict usually does. I didn’t need to wait for the “perfect” time or for a moment when I can get away from everything and quiet my mind, cause I can start right now where I am at this moment. See, I kept trying to build it up and over complicate it with how it needed to look like and what it needed to be, but in some serious pain and suffering, it was as simple as praying and talking to God.

Praying that I know I am powerless, praying that I step out of my own will and come to know and allow his will for me and then praying for the power and the willingness to be able to carry that out.

Continues on Page 3



## **THE JOURNEY CONTINUES NEWSLETTER**

I fall short and it is easy to forget about prayer and meditation when things are going good, but when I am hurting and nothing is going my way, when I am living clean but my life becomes unmanageable, working this step has helped me find the solution and fall to my knees and see the importance of prayer and meditation to improve my conscious contact with God as I understand him. I am not confused that I am here, clean, in these rooms, because of my Higher Power.

My practice and understanding of prayer and meditation has had ebbs and flows throughout my recovery, but at this time in my recovery, I have been able to really see and experience the power of actually doing it. I am hard headed and my Higher Power knows that and sometimes has to allow things to happen that may break me down, but all in the spirit of building me back up, to get better. The instant serenity that comes from stepping out of my own way and allowing God to take the wheel while I build a deeper understanding and relationship with him. We can not do this alone and we don't have to when we thoroughly work and apply this step in our lives. **By B. Addict 04/20/2021**





## **THE JOURNEY CONTINUES NEWSLETTER**

### **Tradition of the Month: Tradition 11**

*“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”*

There was a time in my life when I thought being seen meant being valued. I equated visibility with worth, and recognition with success. But recovery has shown me something far more powerful: that humility, quiet consistency, and spiritual attraction reach further than any loud announcement ever could.

Tradition Eleven reminds me that our program doesn't grow because we promote it, it grows because people see recovery living and breathing in us. They notice the change before they ever hear the words. This Tradition teaches me to let my actions carry the message, not my name. When I walk into a room today, I don't have to prove who I am. I simply have to be who I've become, a grateful recovering addict who's willing to serve without spotlight or applause. That's attraction. That's freedom.

When I first stepped into recovery in 1991, the Traditions were nonnegotiable. Back then, if someone broke a Tradition, you were lovingly and to be honest (many times not so loving) called out on it, not to shame, but to protect the integrity of our Fellowship. Today, I sometimes see a different landscape. I notice addicts mentioning hospitals and institutions by name during meetings, even though that clearly violates one of our Traditions. I also see celebrities, athletes, and public figures announcing their recovery through Narcotics Anonymous.

I understand that times have changed, and awareness has grown, but Tradition Eleven still stands as it always has. It's not about secrecy; it's about humility. It's about attraction, not promotion. Continues on Page 5



---

## **THE JOURNEY CONTINUES NEWSLETTER**

---

Because what happens, God forbid, if one of these public figures relapses? Many will deem NA as not working in arresting the disease! We all know that relapse is not a requirement, but it is a reality. When someone becomes the “face” of recovery, their fall can cast a shadow over the message that has saved many countless lives.

**By A. Addict 10/17/2017**

---

### **Concept of the Month: Concept 11**

*“NA funds are to be used to further our primary purpose, and must be managed responsibly.”*

The eleventh concept ties together many of the previous concepts. It requires that all financial resources be used to further the primary purpose, whether it directly or indirectly affects the addict who still suffers.

It is important to remember that it is the work, not the resources, which is important. Simply put: just because a committee has a lot of money, that doesn't mean it should take on the largest project it can imagine.

Responsible management of resources, both financial and human, requires us to follow the direction of the groups and our own collective consciences when assigning priorities to service projects and tasks. Responsible management also requires that we practice regular reporting to ensure complete accountability for our financial resources.

Financial responsibility can be a difficult subject. Funds should be managed by the committee with periodic comprehensive review procedures, as well as safeguards designed to protect the individual trusted servants. Continues on Page 6



## **THE JOURNEY CONTINUES NEWSLETTER**

Financial reports and written documentation should be kept and available for others to review. Reports to the respective Area Service Committee, Regional Service Committee, and World Services should include detailed financial statements as requested those committees.

The committee's decisions concerning how to spend the money allocated to it should always keep in mind the necessarily limited nature of our financial resources; it should also frequently monitor the effectiveness of its expenditures in furthering the primary purpose. We have found that making realistic budgets, and then living within them, is a laudable enterprise, both within the NA Fellowship, and in life in general. **From: Twelve Concepts for NA Service**



The material for this Newsletter is created and edited by NA members for every NA member. The Twelve Traditions of NA were used to edit this newsletter. If you find improper misrepresentation of our traditions please contact the editor at [newsletter@namiami.org](mailto:newsletter@namiami.org)

**WRITTEN FOR ADDICTS BY ADDICTS**



## **THE JOURNEY CONTINUES NEWSLETTER**

### **Gratitude List**

#### **from Members of the SouthDade Area:**

Grateful for:

- Having the courage of face my fears. I love that of me.
  - Understanding I can love me even if I don't like me 100%, but I'm grateful for allowing myself to give me love in the process of working to be the woman I want to be.
  - The growth since I've been clean, little or small but growth.
- J. Addict 03/20/2016

Grateful for:

- witnessing the recovery of others
  - NA as my home
  - the wisdom in our literature
- Z. Addict 06/03/2009

Grateful for:

- my children's health
  - my home
  - to be back in recovery
- B. Addict  
01/22/2025

Grateful for:

- my family and friends
  - to have God in my life
  - my job
  - my children
- B. Addict 12/25/1992

Grateful for:

- Tuesday being another successful day. I went to work, progress in the design, class, fasting, gym, journaling.
  - Be able of being there for others, the same as others have been there for me.
  - Being so busy in my own life that I have no time to be involved in any type of negativity with no one.
  - Embracing my emotions
- J. Addict 03/20/2016

**WRITTEN FOR ADDICTS BY ADDICTS**



## **THE JOURNEY CONTINUES NEWSLETTER**

### **Extra Gratitude during Thanksgiving from Members of the SouthDade Area:**

Grateful for:

- feeling happy and allowing myself to be present and enjoy it rather than my head getting the best of me and trying to sabotage it
  - being able to help other addicts and seeing the effect we can have on someone without even knowing it
  - the drive to work today. My route took me through back roads that had fog, a gorgeous sunset and beautiful big houses
- M. Addict 01/15/2007

Grateful for:

- Being able to acknowledge when I need to connect with other addicts and not doing the opposite and ignoring it.
  - Not being scared of having a relationship with the god of my understanding today.
  - Putting work into myself to the point people not related to recovery notice a difference in my energy and attitude.
- M. Addict 01/14/2007

Grateful for:

- my family and friends
  - to have God in my life
  - my job
  - my children
- B. Addict 12/25/1992

Grateful for:

- My friends who are there for me on good days and bad days
  - My sponsor being there for me and pulling me aside a little early from a meeting to have a conversation with me knowing I wasn't feeling good
  - My view on life and death after dealing with many passings and understanding it will happen at any moment
- A. Addict 03/ 26/2025

**“My gratitude speaks when I care and when I share with others the NA Way.” Jimmy K.**



South Dade Area Of  
**Narcotics Anonymous**

---

## **THE JOURNEY CONTINUES NEWSLETTER**

---

# Be a part of an upcoming issue of the Newsletter!

## Submit a short gratitude list along with your first initial and clean date to:

[newsletter@namiami.org](mailto:newsletter@namiami.org)



**\*no clean time requirement**



# THE JOURNEY CONTINUES NEWSLETTER

## Local Events

MIAMI DADE CONVENTION OF  
NARCOTICS ANONYMOUS

**FRIENDS  
GIVING**

*Movie Night*

**\$10**  
FOOD AND  
A DRINK

SPEAKER MEETING | FELLOWSHIP  
FOOD | MOVIE | FUN

SATURDAY NOVEMBER 15TH  
6600 SW 62ND AVE, 33143 | 5:00 PM – 9:00 PM  
INFO: ALI (305) 904-0311 | ERIC (305) 600-9721

NARCOTICS ANONYMOUS IS NOT AFFILIATED TO THIS FACILITY

SOUTH DADE AREA ACTIVITY PRESENTS

**THANKSGIVING  
POTLUCK**

GRATITUDE, FELLOWSHIP, RECOVERY

THU, 27  
NOV

Meeting at  
12PM

*Big Room*

ROOM STAYS OPEN FROM 12:00P-8:30P

*Contact*

ERIC 305-600-9721 FOR FOOD ORGANIZATION

SOUTH MIAMI LUTHERAN CHURCH 7190 SUNSET DR, MIAMI, FL 33143  
FACILITY IS NOT AFFILIATED WITH NA



**THE JOURNEY CONTINUES NEWSLETTER**

**Local Events**

MIAMI DADE CONVENTION OF NARCOTICS ANONYMOUS

MIAMI DADE CONVENTION OF NARCOTICS ANONYMOUS

**ART GALLERY & AUCTION**  
COCKTAIL ATTIRE  
HORS D'OEUVRES

ALL PROCEEDS RAISED WILL GO TO  
OUR FIRST MIAMI DADE CONVENTION  
OF NARCOTICS ANONYMOUS



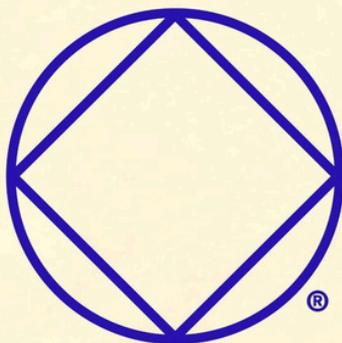
**TO MAKE AN  
ART DONATION**

CONTACT: MDCNA2026@GMAIL.COM  
ALI (305) 904-0311 / ERIC (305) 600-9721

**DEC-13-2025  
5:00-9:00 PM**

**6600 SW 62ND AVE  
MIAMI, FL, 33143**

NARCOTICS ANONYMOUS IS NOT AFFILIATED TO THIS FACILITY



**South Dade Area  
of Narcotics Anonymous**

**POSTER DAY**

**DECEMBER 6<sup>TH</sup> 2025**

**We need help with**

- Passing out stickers
- Putting up posters
- Handing out care kits
- Sharing the HOPE!

**Join us at 9:00 am**

South Miami Lutheran Church\*  
Parking lot

**7190 Sunset Dr,  
Miami, FL 33143**

NA is not affiliated with Facility\*



South Dade Area Of  
**Narcotics Anonymous**

**THE JOURNEY CONTINUES NEWSLETTER**

**Convention this Month**



**PALM COAST AREA CONVENTION**  
**SERENITY IN THE SUN 43**  
**NARCOTICS ANONYMOUS**  
**FRIDAY NOV 21-SUNDAY NOV 23, 2025**

Hilton Palm Beach Airport  
 150 Australian Ave  
 West Palm Beach, FL 33406  
 \*NA not affiliated w/ location

\*Registration Chair- Jessica R. (561) 767-5765  
 \$70 Banquet/Registration Combo  
 \$25 Registration  
<https://palmcoastna.square.site/>



JOIN US FOR A WEEKEND OF RECOVERY,  
 FUN, FELLOWSHIP, LOVE, & LAUGHTER



**Please join us November 21-23,  
2025 at**

Hilton Palm Beach Airport  
150 Australian Ave, West Palm Beach,  
FL  
\$145.00 Per Night  
**BOOK YOUR ROOM**

ONLINE REGISTRATION  
<https://palmcoastna.square.site/>

\*NA is not affiliated with the host  
hotel

**SERENITY IN THE SUN 43 PRESENTS...**  
**\*BRING IT BACK TO THE HIP-HOP 90S**

**BACK TO THE 90S**




**SATURDAY, NOVEMBER 22, 2025 @ 10:00PM**  
**AIRPORT HILTON- MAJESTIC ROOM (NA UNAFFILIATED)**  
 (MINUTES AFTER CLOSING PRAYER)





# THE JOURNEY CONTINUES NEWSLETTER

## Upcoming Conventions

Spread the word. Show up. Be part of the magic.

**MDCNA IS COMING!**

MIAMI DADE CONVENTION OF NARCOTICS ANONYMOUS  
WE'RE CALLING ALL MEMBERS OF THE FELLOWSHIP TO HELP SHAPE SOMETHING NEW, EXCITING, AND ROOTED IN RECOVERY!

**Be part of building the very first MDCNA!**

Bring your ideas, energy, and experience to help create an unforgettable convention centered in unity, service, and recovery.

**Every Wednesday on Zoom @ 8:30 PM**

Zoom ID: [674 041 0380](#)  
Password: unity305

Whether you're a service junkie, creative visionary, or just curious — we need YOU to help us bring this vision to life.

**\*NA IS NOT AFFILIATED WITH FACILITY AND ZOOM**

**NA** **PCASR**  
SINCE 1983

**PALM COAST AREA OF NARCOTICS ANONYMOUS**  
Presents  
**The 36th Annual Spiritual Retreat**  
**"A Glimpse of Humility"**  
**JANUARY 15-18, 2026**

FOUR DAYS of WORKSHOPS – SPEAKERS – SPIRITUALITY  
FELLOWSHIP – RECOVERY – FUN – FOOD

Total four (4) day registration fee: \$285 – includes lodging and meals.  
Pre-registration is REQUIRED; Lodging is limited to 130 people. Separate cabins for all genders. Bring your own towels, bed linens and toiletries, closed-toe shoes, and flashlights (all else provided).  
\*\*\* No registrations will be accepted after December 31, 2025.\*\*\*

Go to [pcasr.com](https://pcasr.com) for registration and event details or scan the QR code.



Any questions or concerns, please contact Registration Chair, Jackson M. at (561) 578-9072 or Retreat Chair, Allie M (850) 418-5789

This event will be held at  
"Riverside Camp and Retreat Center"  
7305 FL-78  
Fort Denaud, Florida 33935

\* Narcotics Anonymous is not affiliated with the Riverside Camp and Retreat Center\*



ADVENTURE AWAITS  
**PEACE RIVER AREA CAMPOUT REGISTRATION**

**NOVEMBER 14<sup>TH</sup> - 16<sup>TH</sup> 2025**

PEACE RIVER CAMPGROUND  
2998 NW HIGHWAY 70  
ARCADIA, FL 34266

**REGISTER NOW!**




**REGISTRATION COST:**  
\$25 DAY PASS  
\$50 WEEKEND PASS  
KIDS 7 AND UNDER: FREE  
DOGS: WELCOME

**PAY NOW**

JOIN US FOR A WEEKEND OF OUTDOOR FUN!

CONTACT: ROB C - 218-221-0380 OR. SETH T 941-356-1486

NA IS NOT AFFILIATED WITH THIS FACILITY



**THE JOURNEY CONTINUES NEWSLETTER**

**Local Announcements**



*New Weekly Meeting Format*

**Sisters in Recovery**

**EVERY WEDNESDAY**

**7:00-8:00 PM**

Unity Room\*  
6600 SW 62nd Avenue, Miami, FL 33143

\*NA is not affiliated with the Unity Room

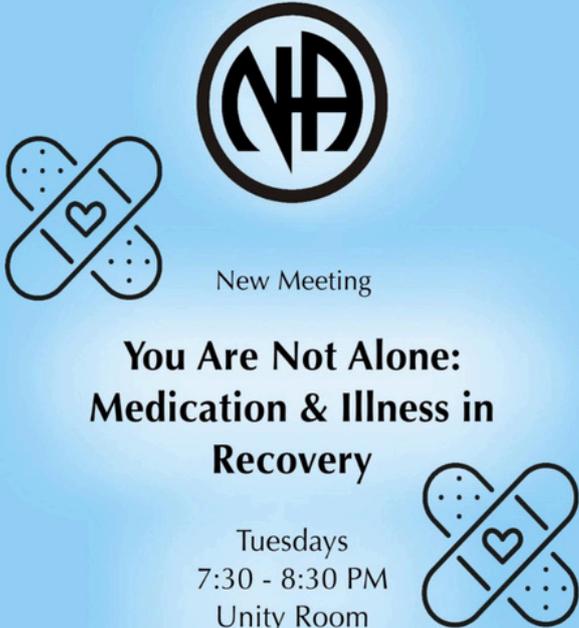
**Serenity 4 Women**



Every third Monday of the month we are having a potluck after our 8 p.m. meeting. Please join us as we fellowship and unite as woman in the program together and have yummy food!

Location: 7190 Sunset Dr  
Time: 9:00 p.m.

\*\*LOCATION NOT AFFILIATED W NA



**New Meeting**

**You Are Not Alone:  
Medication & Illness in  
Recovery**

Tuesdays  
7:30 - 8:30 PM  
Unity Room  
6600 sw 62 Ave,  
Miami FL

Location not affiliated with NA



**THE JOURNEY CONTINUES NEWSLETTER**

**Local Announcements**

MIAMI DADE CONVENTION OF NA

**HEY!** 

**JOIN US**

TO HELP MAKE OUR  
FIRST MIAMI DADE  
CONVENTION POSSIBLE

**OPEN SERVICE POSITIONS**

**NO CLEAN TIME REQUIREMENT!**

**WE MEET EVERY WEDNESDAY  
8:30 PM (HYBRID MEETING)**

BY ZOOM / ID: 674 041 0380  
PASSWORD: unity305

Spread the word. Show up. Be part of the recovery magic

LAST CHANCE PRESENTS  
**YOUTH  
IN  
RECOVERY**  
NOVEMBER 2025

EVERY SPEAKER THIS  
NOVEMBER WILL HAVE GOTTEN  
CLEAN BEFORE THE AGE OF 25.

SOUTH MIAMI LUTHERAN CHURCH  
7190 SUNSET DRIVE, 33143  
SUNDAY-THURSDAY: 10 P.M.  
FRIDAY: 11 P.M.  
SATURDAY: 11:30 P.M.

 SOUTH MIAMI LUTHERAN CHURCH IS NOT AFFILIATED WITH N.A.

**NEW FORMAT!!**

**WEEK 1: SPEAKER**

**WEEK 2: "THE BASICS OF THE PROGRAM"**

**WEEK 3: SPEAKER**

**WEEK 4: SPEAKER'S IP CHOICE**

**MAKE GABLES**

**GREAT AGAIN**

**THURSDAYS,  
8:30 - 9:30 PM**

**SOUTH MIAMI  
LUTHERAN CHURCH**

**7190 SUNSET DRIVE  
MIAMI, FL 33143**



South Dade Area Of  
**Narcotics Anonymous**

**THE JOURNEY CONTINUES NEWSLETTER**

**Get Involved :**

**Local Service Committee Meetings**



**SHARE  
YOUR  
FREEDOM**

**B E T H E M E S S A G E**



Seeking addicts with 1 year clean to share their experience, strength, and hope with those seeking a new way of life.



FOR MORE INFORMATION, CONTACT:  
GREG G. 703-679-0003  
TONY L. 786-879-3347

**WE MEET THE THIRD WEDNESDAY OF EVERY MONTH IN THE LIBRARY AT 7:30 PM**

*\*NA is not affiliated with this location*



South Dade Area Of  
**Narcotics Anonymous**

**THE JOURNEY CONTINUES NEWSLETTER**

**Get Involved :**



*South Dade Area  
24 Hour Room Ad-Hoc*

**Want to get involved?**

**Join us for our upcoming business meetings:**

**Wednesdays @ 8:30pm**

**SEPTEMBER: 10TH , 24TH**

**OCTOBER: 8TH , 22ND**

**NOVEMBER: 12TH, 26TH**

**DECEMBER: 3RD, 10TH, 17TH, 22ND**

MEET IN THE LIBRARY ROOM @ SOUTH MIAMI LUTHERAN CHURCH  
7190 SUNSET DRIVE

*\*LOCATION NOT AFFILIATED WITH NA\**

*Be apart of the magic & hope that our  
24 hour room brings*

Newcomers **ENCOURAGED!!** We need you too!

Start your service at South Dade Area's biggest event of the year



FOR MORE INFO CONTACT:

AD-HOC CHAIR: AL -786-286-1238



---

## **THE JOURNEY CONTINUES NEWSLETTER**

---

# **Get Involved : Local Service Committee Meetings**

### **Public Relations Subcommittee**

meets @ 6:45pm

The last Sunday of every Month  
in the Library at South Miami Lutheran Church  
7190 Sunset Dr

### **Activities Subcommittee**

meets @ 7:15pm

Every 1st & 3rd Thursday of the Month  
in the Library at South Miami Lutheran Church  
7190 Sunset Dr

### **Area Service Committee**

meets @ 10am

Every Second Sunday of the Month  
at the Unity Room 6600 SW 62 ave

To be included in upcoming issues of this Newsletter: Please send  
any subcommittee meeting dates, times, and locations to  
[newsletter@namiami.org](mailto:newsletter@namiami.org)



South Dade Area Of  
**Narcotics Anonymous**

---

## **THE JOURNEY CONTINUES NEWSLETTER**

---

# **How to Get Involved : Local Service Committees Meetings**

## **Help us carry the message!**

## **Newsletter Committee Meets the Last Sunday of the Month @ 6:45pm**

In the Library at South Miami Lutheran Church  
7190 Sunset Dr, Miami, FL 33143

\*South Miami Lutheran Church not affiliated with NA



# **Contact us at [Newsletter@namiami.org](mailto:Newsletter@namiami.org)**



## **THE JOURNEY CONTINUES NEWSLETTER**

# **Happy Anniversary:**

Beatrice - 11/01/2018 

Fred - 11/02/2019

Marlon D. - 11/09/2022

Andrea C. - 11/13/2015

Zach B. - 11/17/2023

Elena - 11/19/2006

Molly - 11/19/2023

Anselmo M. - 11/21/1997

Mira F. - 11/25/2023

Toni L. - 11/28/2011

Kristine G. - 11/28/2011



**Celebrate with us!**

**Send your First Name, Last initial and Cleandate to:**

**[newsletter@namiami.org](mailto:newsletter@namiami.org)**